



# DISCIPLE GROUP CURRICULUM GUIDE

Stand Firm Week 6: The Helmet of Salvation  
August 15 & 18, 2024

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**LEADER NOTES: Fall trimester:** August 19–December 8. **New Leader Trainings:** August 19 via Zoom.

**Continue to be equipped to lead your group:** You can listen to every episode of our *Leading Well in 7 Minutes or Less* podcast for free on [Spotify](#) or [Apple](#).

**Be aware of the intensity of this sermon series and how the idea of spiritual warfare will land differently on each of your group members.** Our beliefs about Satan and demons are greatly influenced by our upbringing and churches we have attended. Beware of group members falling into one of two extremes. 1. You don't believe in Satan or demons or that we are at war at all. 2. You see the devil and demons around every corner.

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## ANNOUNCEMENTS:

**Become a New Believer Ambassador:** Walk alongside new believers and help them take next steps to deepen their relationship with Jesus. You'll spend one to one time in a disciple-making relationship, leading them through a five-week devotional designed to deepen their faith. For more information [click here](#). To sign up [click here](#).

During this series, Pastor Joby has mentioned *The Screwtape Letters* by C. S. Lewis. You can listen to it for free via these links: [Spotify](#), [Apple Podcasts](#) and [YouTube](#).

**Join us in serving the homeless community:** Our local partners are looking for compassionate individuals to help share the love of Christ by addressing the medical needs of the homeless in our community. There are daytime and evening opportunities available. [Click here for more info and to sign up](#).

**10:10 Life - Honoring, Loving and Caring for Our Senior Adults:** Your disciple group can join in with our teams that bring Eleven22 worship to senior adult residents. You can also be a part of special events at Senior Living locations. All ages are welcome. Contact [senioradults@coe22.com](mailto:senioradults@coe22.com) for more information.

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**THIS WEEK'S READING PLAN:** Download our app for [Apple](#) and [Android](#). Click the "Daily" icon at the bottom of the app for our daily Bible reading plan.

**Share Wins, Praises and Prayers:** Where did you see God move this week?

**Sermon Text:** *Romans 5:1-2, 10; 6:23; 2 Corinthians 5:17-19, 10:3-5; Ephesians 6:17; Colossians 2:13-14; 1 John 3:8*

## Discussion Questions

**Leaders:** Please make sure you get to the **action step** every week. There is no pressure to get through all the questions; prayerfully plan your choices for your group.

- **Read *Ephesians 6:17; Romans 5:1-11*. What stood out to you in the sermon this week and what did God reveal to you in the Scriptures, maybe for the first time?**

### **SALVATION:**

- **Where does the helmet of salvation come from and why do you think it's a helmet?** *(It comes from God. Read Isaiah 59:15-17. The mind is the real battlefield, and we need to protect it. Satan tries to create division, discouragement, and depravity through flaming darts of thoughts that can lead to emotions that can lead to behaviors.)*
- **Read *Ephesians 6:17, Romans 3:23 and 6:23*. What do we mean when we talk about salvation from sin?** *(Sin is any feeling, thought, speech, or action that comes from a heart that does not treasure Christ over all things. Sin is not a struggle, it's a state of being. We didn't just trip on it, we were born with a taste for it, and we were born hungry. "For the wages of sin is death." (Romans 6:23a) You can try to self-atone for your sin, which is impossible, or trust in Jesus. Salvation is rescue from sin. Jesus is the only one who can rescue us from the death of sin and give us eternal life.)*
- **Pastor Britt said there are two parts to our salvation: being saved by Jesus and thinking like someone who is saved. Discuss what that means and how you can act that out in your daily life.** *(If you believe in your heart and confess with your mouth that Jesus died for your sins and God raised him from the dead, you are saved. Thinking saved is continually recognizing God's truth in his word and understanding His love for you. Acting saved is obeying God's commands out of gratitude for His love through the power of the Holy Spirit. Thinking and acting like you're saved is part of your progressive sanctification that Jesus is doing in you.)*

### **TAKE EVERY THOUGHT CAPTIVE:**

- **Read *2 Corinthians 10:3-5*. **Discover:** How do you take every thought captive?** *(Recognize the negative or sinful thoughts that try to take root in your mind. Call them out as the lies that they are. Replace those thoughts with the truth of God's word. Meditate on the word of God and the Gospel. Read Romans 12:2 and Philippians 4:8. If you're in Christ, you're not guilty or dirty anymore, You have been washed by the blood of the lamb! You are clean!)*  
**Deepen:** Turn to page two of the *Eleven22 Times* newspaper and share some of the lies and truths from the "It Is Written" section. *(You may also share any of your favorite scriptures on God's love for you, your salvation, how to resist temptation, trust in God, etc.)*

### **ADOPTION:**

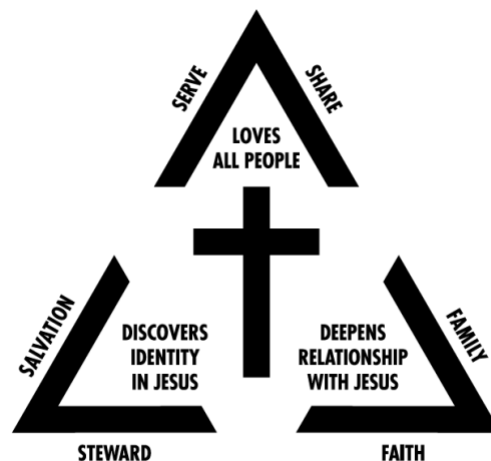
- **Read *Ephesians 1:5, John 1:12 and 1 John 3:1-3*. What does it mean to you to be adopted by God?** *(Remember Pastor Britt's story about the letter from a father to his adopted daughter and how God knows every bad thing about you and STILL says, "I'll take him, or I'll take her.")*

## Action Step

**Capture Your Thoughts:** This week, practice taking every thought captive, especially those negative or sinful thoughts that try to take root in your mind. Memorize 2 Corinthians 10:5 and consciously challenge thoughts that contradict the truth of the Gospel. Replace them with affirmations of God's forgiveness, love and your identity in Christ.

## Your Discipleship Journey

- **RightNow Media:** Find *an unending supply of resources* by signing up for a FREE RightNow Media account. Go to [coe22.com/rightnowmedia](http://coe22.com/rightnowmedia) or text "RightNow" to 441122.  
(Note: You'll need to login or create an account to view RightNow Media content.)
- Details on the 10:10 Life are available at [coe22.com/1010life](http://coe22.com/1010life).



Go to [coe22.com/resources/discipleship-journey/](http://coe22.com/resources/discipleship-journey/) and click "Download Tool" to download or print a discipleship journey tool with questions for you to ask yourself and others. Please share the link and directions with others in your group.