

The Mount of Beatitudes is a hill in northern Israel on the Korazim Plateau.



BEST.
SERMON.
EVER.

29 SERMON ON THE MOUNT

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STUDY JOURNAL

Jesus delivered the **Sermon on the Mount** on the Mount of Beatitudes, a hill in northern Israel.

It is Jesus's explanation of the gospel and the implications of the gospel on our lives, including the Beatitudes and the Lord's Prayer.

Found in the Gospel of Matthew chapters 5, 6 and 7, it is the longest continuous discourse of Jesus's teachings found in the New Testament.

Please use this study journal as a tool to dive deeper into God's Word with us each week during this series.

– *Pastor Joby Martin and
The Church of Eleven22*



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Throughout this series, you can find additional resources to help you discover and deepen your relationship with Jesus Christ.

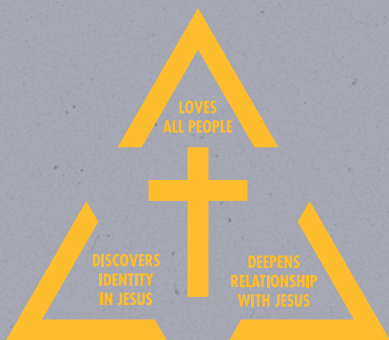
Visit coe22.com/bestsermonever for Bible studies, devotionals and books that dive deeper into the topics from the sermon each week.

Some of these resources are available online through RightNow Media. If you don't have a RightNow Media account, you can sign up for a free account by following the instructions below.

RIGHTNOW MEDIA

Disciple making is a primary focus in all that we do. Our free gift to you, we believe RightNow Media is a tool to serve you as you live out your faith at home, at work and in your neighborhood. RightNow Media has an extensive video library for everyone – kids, youth, parents, married couples, single adults, working professionals – all aimed at helping you grow in your discipleship journey. Accessible whenever and wherever you want – on your phone, tablet, computer, or at home on your television.

**Get access to your free account at
coe22.com/rightnowmedia or text
"RightNow 1122" to 41411**



NEXT STEPS

We follow Jesus by taking next steps in our discipleship journey.

Join a disciple group

Joining a disciple group is one of the best ways to get connected and deepen your relationship with Jesus. You can find a men's only, women's only or mixed group in your area, or join a group that meets at one of our campuses. Find a group and sign up at coe22.com/disciplegroups.

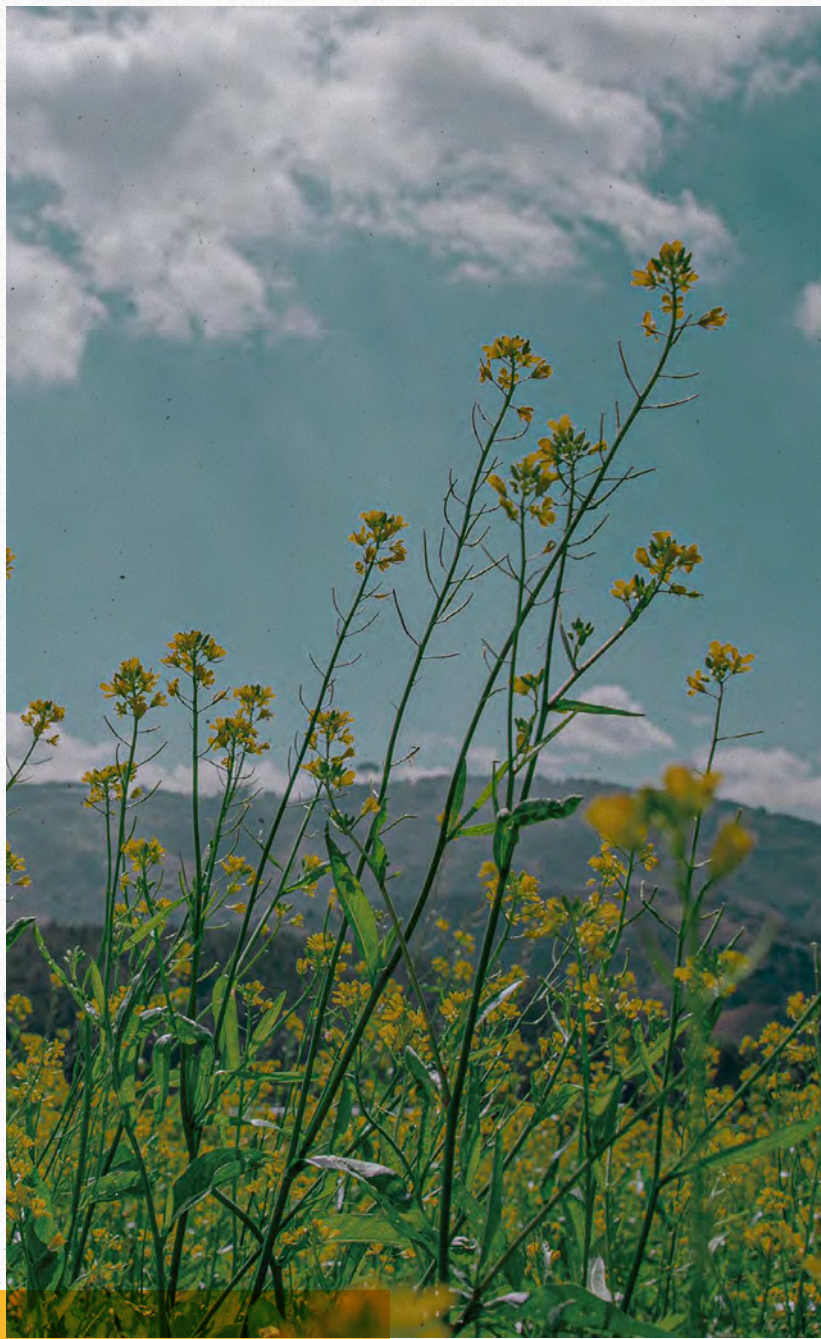
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Serve

One way a disciple loves all people is by serving. There are dozens of serve opportunities at your home campus and with local partners throughout our community. Learn how and where you can serve at coe22.com/serve.

Go on a short-term mission trip

Through strong global partnerships, healthy leadership and prepared mission teams, the Great Commission continues here. Jesus commanded us to share the gospel and make disciples of all nations. Join a short-term mission trip to be a part of God's mission around the world. See where we are being SENT and sign up at coe22.com/sendme.



ONE MORE GENERATION

Engage your child in discussion about topics that are relevant to this series.

ANGER

What are some things that make you angry?
What does the Lord call us to do with our anger?
How can we love people who make us angry?
As a family, commit to praying for enemies together.
Spend time confessing anger instead of acting out on it.
Read - Ephesians 4:26-27, Proverbs 15:1

RECONCILIATION

Have you caused someone else to be angry or hurt?
If so, how can you reconcile that relationship?
How have you reconciled a relationship in the past?
Read - Colossians 3:13, Ephesians 4:32

CHEERFUL GIVER

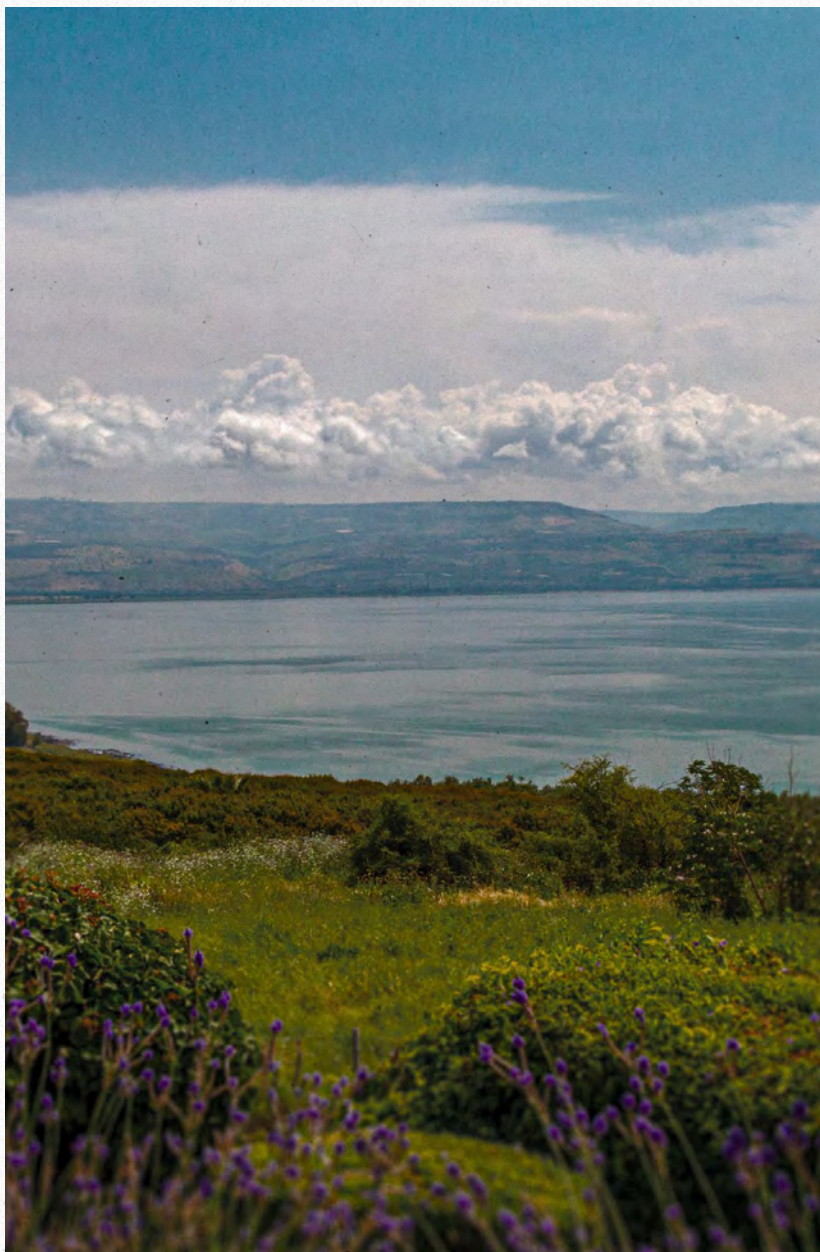
What are some ways you can give of your time, talent and treasure?
How do you tithe as a family?
Discuss how to serve as a family (Serve Day, during worship services etc.).
Use your ONE tithing boxes to give each month.
Read - 2 Corinthians 9:7, Luke 12:34

PRAYER

Write a family prayer together.
Memorize the Lord's Prayer (*Matthew 6:9-13*).
Spend time in the car, dinner time and bedtime sharing prayer requests.
Read - Philippians 4:6, James 5:16

FASTING

What is fasting? Telling my flesh "no" to make room for God.
Help your kids come up with ideas to determine what they can fast from. Participate in church fasting together. During the Daniel Fast (coming up in August), spend time cooking as a family.
Read - Matthew 6:16-18



Sea of Galilee from the Mount of Beatitudes

Seeing the crowds, he went up on the
mountain, and when he sat down,
his disciples came to him.

— *MATTHEW 5:1*



**SCRIPTURE**

5 Seeing the crowds, he went up on the mountain, and when he sat down, his disciples came to him.

² And he opened his mouth and taught them, saying:

³ “Blessed are the poor in spirit, for theirs is the kingdom of heaven.

⁴ “Blessed are those who mourn, for they shall be comforted.

⁵ “Blessed are the meek, for they shall inherit the earth.

⁶ “Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

⁷ “Blessed are the merciful, for they shall receive mercy.

⁸ “Blessed are the pure in heart, for they shall see God.

⁹ “Blessed are the peacemakers, for they shall be called sons of God.

¹⁰ “Blessed are those who are persecuted for righteousness’ sake, for theirs is the kingdom of heaven.

¹¹ “Blessed are you when others revile you and persecute you and utter all kinds of evil against you falsely on my account. ¹² Rejoice and be glad, for your reward is great in heaven, for so they persecuted the prophets who were before you.

— *Matthew 5:1-12*

THE POINT

Jesus did not come to make bad people better or sad people happy. He came to give life to the dead and salvation for sinners.

ACTION STEP

Go to coe22.com/bestsermonever
and watch "Your Kingdom Come:
Sermon on the Mount," a resource
on RightNow Media.

After watching, reflect on one or two main points that stuck with you.

Find additional resources at
coe22.com/bestsermonever

If you need prayer, care or to talk
with someone, visit **coe22.com/care**

NOTES

**SCRIPTURE**

¹³ “You are the salt of the earth, but if salt has lost its taste, how shall its saltiness be restored? It is no longer good for anything except to be thrown out and trampled under people’s feet. ¹⁴ “You are the light of the world. A city set on a hill cannot be hidden. ¹⁵ Nor do people light a lamp and put it under a basket, but on a stand, and it gives light to all in the house. ¹⁶ In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven.

¹⁷ “Do not think that I have come to abolish the Law or the Prophets; I have not come to abolish them but to fulfill them. ¹⁸ For truly, I say to you, until heaven and earth pass away, not an iota, not a dot, will pass from the Law until all is accomplished. ¹⁹ Therefore whoever relaxes one of the least of these commandments and teaches others to do the same will be called least in the kingdom of heaven, but whoever does them and teaches them will be called great in the kingdom of heaven. ²⁰ For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.

— *Matthew 5:13-20*

THE POINT

We are not saved by our good works. We are saved by Christ's finished work. However, we are saved FOR good works.

⁸ For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, ⁹ not a result of works, so that no one may boast. ¹⁰ For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them. — *Ephesians 2:8-10*

REFLECT

As followers of Christ we are called to live in a manner worthy of the gospel.

Where are three specific areas of your life that God is calling you to be the salt and the light?

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NOTES

**SCRIPTURE**

²¹ “You have heard that it was said to those of old, ‘You shall not murder; and whoever murders will be liable to judgment.’ ²² But I say to you that everyone who is angry with his brother will be liable to judgment; whoever insults his brother will be liable to the council; and whoever says, ‘You fool!’ will be liable to the hell of fire. ²³ So if you are offering your gift at the altar and there remember that your brother has something against you, ²⁴ leave your gift there before the altar and go. First be reconciled to your brother, and then come and offer your gift. ²⁵ Come to terms quickly with your accuser while you are going with him to court, lest your accuser hand you over to the judge, and the judge to the guard, and you be put in prison. ²⁶ Truly, I say to you, you will never get out until you have paid the last penny.

— *Matthew 5:21-26*

THE POINT

A Holy God reconciled sinners unto Himself through the blood of His Son. The reconciled are SENT as ambassadors for Christ, offering that same reconciliation. Forgiven people forgive people. What are you waiting for?

ANGER LEDGER

[illegible]

Dear Jesus,

I confess that I have stored up bitterness and unforgiveness toward _____. I recognize that this resentment doesn't just hurt me but hurts my relationship with You. Jesus, help me to love others the way that You love me. Because of what You did on the cross to reconcile me to my heavenly Father, may I be willing to be reconciled with others. Give me courage to forgive this person as You have forgiven me, and to take a next step toward reconciliation so that You may be glorified.

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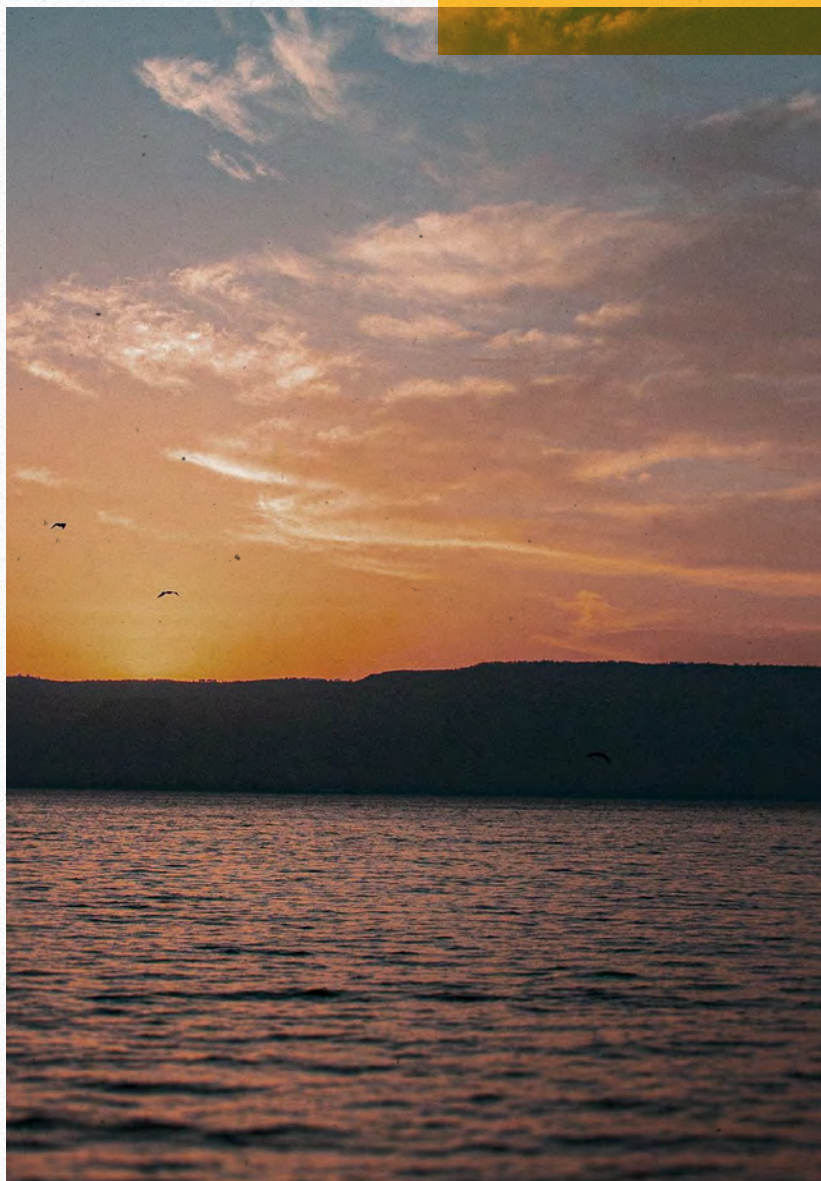
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BEST. SERMON. EVER.

NOTES

All this is from God, who through Christ
reconciled us to himself and gave us
the ministry of reconciliation;

— 2 CORINTHIANS 5:18





LUST, DIVORCE AND OATHS

SCRIPTURE

²⁷ “You have heard that it was said, ‘You shall not commit adultery.’ ²⁸ But I say to you that everyone who looks at a woman with lustful intent has already committed adultery with her in his heart. ²⁹ If your right eye causes you to sin, tear it out and throw it away. For it is better that you lose one of your members than that your whole body be thrown into hell. ³⁰ And if your right hand causes you to sin, cut it off and throw it away. For it is better that you lose one of your members than that your whole body go into hell.

³¹ “It was also said, ‘Whoever divorces his wife, let him give her a certificate of divorce.’ ³² But I say to you that everyone who divorces his wife, except on the ground of sexual immorality, makes her commit adultery, and whoever marries a divorced woman commits adultery.

³³ “Again you have heard that it was said to those of old, ‘You shall not swear falsely, but shall perform to the Lord what you have sworn.’ ³⁴ But I say to you, Do not take an oath at all, either by heaven, for it is the throne of God, ³⁵ or by the earth, for it is his footstool, or by Jerusalem, for it is the city of the great King. ³⁶ And do not take an oath by your head, for you cannot make one hair white or black. ³⁷ Let what you say be simply ‘Yes’ or ‘No’; anything more than this comes from evil.

— *Matthew 5:27-37*

THE POINT

Marriage is a supernatural covenant (not a contract) between one man and one woman 'til death do you part, ordained by God Himself.

NOTES

If you're not married but desire to be

Pray that the Holy Spirit would help you to wait well as you trust in God's timing.

If you're married

Use the following prayer prompts to specifically pray for your spouse this week.

PRAYER PROMPTS

Prompt 1: Take time to sit in God's deep love for you. Thank Him for the health of your marriage and/or soak in His compassion for you in any areas of hurt. Ask Him to show you steps toward healing and forgiveness and know that He is faithful to work all things for your good.

Prompt 2: Pray for the Holy Spirit's wisdom and guidance as you continue to work toward the abundant marriage God intends for you. Seek daily to follow the Holy Spirit's leading.

Prompt 3: Pray for patience and wonder as you seek to know each other deeply and for ears to hear each other's hearts without judgment.

Prompt 4: Pray for joy to continuously enter and grow in your marriage - a deep, passionate joy that can only come from an intimate relationship with Jesus Christ.

Prompt 5: Pray for the strength that comes only from Christ to reflect God's overwhelming love to your spouse despite challenges and circumstances. Husbands, love your wife as Christ loves the church and wives, respect and honor your husband as a way to glorify God.

Prompt 6: Pray for clear communication in your marriage, seeking conviction by the Holy Spirit to speak only words that are uplifting and encouraging. Pray for grace in your speech — both in everyday conversation and in times of conflict. Pray that your words be tempered with kindness, love and encouragement.

Prompt 7: Pray that your marriage honors God as the ONE thing that drives everything, including in your communication, finances and service to others and that your marriage covenant demonstrates Christ's love to those around you.

Find additional resources at coe22.com/bestsermonever

If you need help in your marriage or you're dealing with infidelity, addiction or abuse, please reach out to the care team via a Respond Card, at **coe22.com/care**, or speak to your campus pastor.

NOTES



There is therefore now no condemnation
for those who are in Christ Jesus.
— *ROMANS 8:1*

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BLIND AND
TOOTHLESS

SCRIPTURE

³⁸ “You have heard that it was said, ‘An eye for an eye and a tooth for a tooth.’ ³⁹ But I say to you, Do not resist the one who is evil. But if anyone slaps you on the right cheek, turn to him the other also. ⁴⁰ And if anyone would sue you and take your tunic, let him have your cloak as well. ⁴¹ And if anyone forces you to go one mile, go with him two miles. ⁴² Give to the one who begs from you, and do not refuse the one who would borrow from you.

⁴³ “You have heard that it was said, ‘You shall love your neighbor and hate your enemy.’ ⁴⁴ But I say to you, Love your enemies and pray for those who persecute you, ⁴⁵ so that you may be sons of your Father who is in heaven. For he makes his sun rise on the evil and on the good, and sends rain on the just and on the unjust. ⁴⁶ For if you love those who love you, what reward do you have? Do not even the tax collectors do the same? ⁴⁷ And if you greet only your brothers, what more are you doing than others? Do not even the Gentiles do the same? ⁴⁸ You therefore must be perfect, as your heavenly Father is perfect.

— *Matthew 5:38-48*

THE POINT

The reason that we are to love our enemies is because when we were enemies of God, He first loved us.

⁸ but God shows his love for us in that while we were still sinners, Christ died for us. – *Romans 5:8*

Write down the name of your "enemy"

Commit to pray for them (*not about them*) every day for the next week. Ask the Holy Spirit to give you wisdom in any next steps you should take in pursuing reconciliation.

**Find additional resources at
coe22.com/bestsermonever**

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with someone, visit **coe22.com/care**

NOTES



SCRIPTURE

6 “Beware of practicing your righteousness before other people in order to be seen by them, for then you will have no reward from your Father who is in heaven.

² “Thus, when you give to the needy, sound no trumpet before you, as the hypocrites do in the synagogues and in the streets, that they may be praised by others. Truly, I say to you, they have received their reward. ³ But when you give to the needy, do not let your left hand know what your right hand is doing, ⁴ so that your giving may be in secret. And your Father who sees in secret will reward you.

— *Matthew 6:1-4*

THE POINT

A true disciple of Jesus doesn't merely respond generously to a sermon, but lives a life of generosity in response to the gospel.

ACTION STEP

Go to coe22.com/bestsermonever and watch "The Genius of Generosity," a resource on RightNow Media.

After watching, reflect on one or two main points that stuck with you.

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**SCRIPTURE**

⁵ “And when you pray, you must not be like the hypocrites. For they love to stand and pray in the synagogues and at the street corners, that they may be seen by others. Truly, I say to you, they have received their reward. ⁶ But when you pray, go into your room and shut the door and pray to your Father who is in secret. And your Father who sees in secret will reward you.

⁷ “And when you pray, do not heap up empty phrases as the Gentiles do, for they think that they will be heard for their many words. ⁸ Do not be like them, for your Father knows what you need before you ask him. ⁹ Pray then like this:

“Our Father in heaven,
hallowed be your name.

¹⁰ Your kingdom come,
your will be done,
on earth as it is in heaven.

¹¹ Give us this day our daily bread,
¹² and forgive us our debts,
as we also have forgiven our debtors.

¹³ And lead us not into temptation,
but deliver us from evil.

¹⁴ For if you forgive others their trespasses, your heavenly Father will also forgive you, ¹⁵ but if you do not forgive others their trespasses, neither will your Father forgive your trespasses.

— *Matthew 6:5-15*

THE POINT

The Lord teaches us that our prayers should be personal, persistent and powerful.

"I pray because I can't help myself. I pray because I'm helpless. I pray because the need flows out of me all the time, waking and sleeping. It doesn't change God. It changes me."
– C.S. Lewis

CHALLENGE

We foster intimacy with our heavenly Father through our prayers. Commit to pray every morning for the next week. Write down your experience.

Use the **ACTS** model to guide you.

Adoration – acknowledge God's perfect character

Confession – confess your imperfect character

Thanksgiving – thank God for specific blessings

Supplication – ask God for the things that you need

Find additional resources at
coe22.com/bestsermonever

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Look at the birds of the air: they neither
sow nor reap nor gather into barns, and yet
your heavenly Father feeds them. Are you
not of more value than they?

— *MATTHEW 6:26*



**SCRIPTURE**

¹⁶ “And when you fast, do not look gloomy like the hypocrites, for they disfigure their faces that their fasting may be seen by others. Truly, I say to you, they have received their reward.

¹⁷ But when you fast, anoint your head and wash your face, ¹⁸ that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you.

— *Matthew 6:16-18*

THE POINT

The heart of religion is about impressing people and proving to God that you are worthy. The gospel is about knowing that you are not worthy and having the grace of God pressed upon your heart through the cross of Jesus Christ.

CHALLENGE

Practice fasting this week. Choose to give up a food, beverage, activity, habit, social media or television show that keeps you from fully relying on Jesus.

**Find additional resources at
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NOTES



SCRIPTURE

¹⁹ “Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal, ²⁰ but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. ²¹ For where your treasure is, there your heart will be also.

²² “The eye is the lamp of the body. So, if your eye is healthy, your whole body will be full of light, ²³ but if your eye is bad, your whole body will be full of darkness. If then the light in you is darkness, how great is the darkness!

²⁴ “No one can serve two masters, for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and money.

²⁵ “Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? ²⁶ Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? ²⁷ And which of you by being anxious can add a single hour to his span of life? ²⁸ And why are

you anxious about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin, ²⁹ yet I tell you, even Solomon in all his glory was not arrayed like one of these. ³⁰ But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O you of little faith? ³¹ Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' ³² For the Gentiles seek after all these things, and your heavenly Father knows that you need them all. ³³ But seek first the kingdom of God and his righteousness, and all these things will be added to you.

³⁴ “Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble.

— *Matthew 6:19-34*

THE POINT

Everything we have been given
will one day bring either regret or
reward. God doesn't want or need
your money. He wants your heart.

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ACTION STEP

Are you a natural spender or saver?
Go to **coe22.com/bestsermonever**
where you can take a quiz to see
whether you have saver or spender
tendencies. One isn't better than
the other but understanding your
habits can help develop a healthy
relationship with money.

**Find additional resources at
coe22.com/bestsermonever**

If you need prayer, care or to talk
with someone, visit **coe22.com/care**



Therefore do not be anxious about
tomorrow, for tomorrow will be anxious
for itself. Sufficient for the day is its
own trouble. — *MATTHEW 6:34*

**SCRIPTURE**

7 “Judge not, that you be not judged.

² For with the judgment you pronounce you will be judged, and with the measure you use it will be measured to you. ³ Why do you see the speck that is in your brother’s eye, but do not notice the log that is in your own eye? ⁴ Or how can you say to your brother, ‘Let me take the speck out of your eye,’ when there is the log in your own eye? ⁵ You hypocrite, first take the log out of your own eye, and then you will see clearly to take the speck out of your brother’s eye.

⁶ “Do not give dogs what is holy, and do not throw your pearls before pigs, lest they trample them underfoot and turn to attack you.

— *Matthew 7:1-6*

THE POINT

In real life discipleship relationships, courage, humility and vulnerability are required. Do you have a friend that loves you more than your opinion of them?

CHALLENGE

Commit to being an active part of the faith family God has called you to.

- Visit the connect center to find a place to serve at Eleven22
- Join a disciple group (coe22.com/disciplegroups)
- Attend a covenant membership class (coe22.com/events)

See pages 5 and 6 for ways to take next steps and upcoming events to help you get connected.

Find additional resources at coe22.com/bestsermonever

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**SCRIPTURE**

⁷ “Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. ⁸ For everyone who asks receives, and the one who seeks finds, and to the one who knocks it will be opened. ⁹ Or which one of you, if his son asks him for bread, will give him a stone? ¹⁰ Or if he asks for a fish, will give him a serpent? ¹¹ If you then, who are evil, know how to give good gifts to your children, how much more will your Father who is in heaven give good things to those who ask him!

— *Matthew 7:7-11*

THE POINT

The reason we can pray with such boldness is because God invites us to come into His presence, just as a good father invites their child in need.

ACTION STEP

Go to coe22.com/bestsermonever and watch "Crazy Love" by Francis Chan: Session 1, a resource on RightNow Media.

After watching, reflect on one or two main points that stuck with you.

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SCRIPTURE

¹² “So whatever you wish that others would do to you, do also to them, for this is the Law and the Prophets.

¹³ “Enter by the narrow gate. For the gate is wide and the way is easy that leads to destruction, and those who enter by it are many. ¹⁴ For the gate is narrow and the way is hard that leads to life, and those who find it are few.

¹⁵ “Beware of false prophets, who come to you in sheep’s clothing but inwardly are ravenous wolves. ¹⁶ You will recognize them by their fruits. Are grapes gathered from thornbushes, or figs from thistles? ¹⁷ So, every healthy tree bears good fruit, but the diseased tree bears bad fruit. ¹⁸ A healthy tree cannot bear bad fruit, nor can a diseased tree bear good fruit. ¹⁹ Every tree that does not bear good fruit is cut down and thrown into the fire. ²⁰ Thus you will recognize them by their fruits.

²¹ “Not everyone who says to me, ‘Lord, Lord,’ will enter the kingdom of heaven, but the one who does the will of my Father who is in heaven. ²² On that day many will say to me, ‘Lord, Lord, did we not prophesy in your name, and cast out demons in your name, and do many mighty works in your name?’ ²³ And then will I declare to

them, 'I never knew you; depart from me, you workers of lawlessness.'

— *Matthew 7:12-23*

THE POINT

It's a relationship with Jesus, not religious activity, that changes everything.

ACTION STEP

Go to coe22.com/bestsermonever and watch a session from "Future Grace" by John Piper, a resource on RightNow Media.

After watching, reflect on one or two main points that stuck with you.

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Not everyone who says to me, 'Lord, Lord,'
will enter the kingdom of heaven, but the
one who does the will of my Father who
is in heaven. — *MATTHEW 7:21*



**SCRIPTURE**

²⁴ “Everyone then who hears these words of mine and does them will be like a wise man who built his house on the rock. ²⁵ And the rain fell, and the floods came, and the winds blew and beat on that house, but it did not fall, because it had been founded on the rock. ²⁶ And everyone who hears these words of mine and does not do them will be like a foolish man who built his house on the sand. ²⁷ And the rain fell, and the floods came, and the winds blew and beat against that house, and it fell, and great was the fall of it.”

²⁸ And when Jesus finished these sayings, the crowds were astonished at his teaching, ²⁹ for he was teaching them as one who had authority, and not as their scribes.

— *Matthew 7:24-29*

THE POINT

Application is infinitely more important than inspiration. If you build your life on success, stuff and status, it will fail. BUT, if you build your life on Jesus, our Savior, nothing that comes against you will prevail.

REFLECTION

Where are you placing your trust?
On what/who, other than Jesus, are
you trying to build your life?

**Find additional resources at
coe22.com/bestsermonever**

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