



# Together22

A 22-day challenge to deepen your relationship with Jesus Christ

AS YOU ATTEND CHURCH WEEKLY, WE CHALLENGE YOU TO TAKE OTHER STEPS THROUGHOUT THE WEEK TO ENGAGE IN LOVING THE LORD WITH YOUR **HEART, SOUL, MIND, AND STRENGTH.**

**Daily Checklist** (Choose one action step from the boxes below that corresponds with the icon for the day)

- |                                |                                 |                                 |                                 |
|--------------------------------|---------------------------------|---------------------------------|---------------------------------|
| <input type="checkbox"/> Day 1 | <input type="checkbox"/> Day 7  | <input type="checkbox"/> Day 13 | <input type="checkbox"/> Day 19 |
| <input type="checkbox"/> Day 2 | <input type="checkbox"/> Day 8  | <input type="checkbox"/> Day 14 | <input type="checkbox"/> Day 20 |
| <input type="checkbox"/> Day 3 | <input type="checkbox"/> Day 9  | <input type="checkbox"/> Day 15 | <input type="checkbox"/> Day 21 |
| <input type="checkbox"/> Day 4 | <input type="checkbox"/> Day 10 | <input type="checkbox"/> Day 16 | <input type="checkbox"/> Day 22 |
| <input type="checkbox"/> Day 5 | <input type="checkbox"/> Day 11 | <input type="checkbox"/> Day 17 |                                 |
| <input type="checkbox"/> Day 6 | <input type="checkbox"/> Day 12 | <input type="checkbox"/> Day 18 |                                 |

## HEART

## SOUL

## MIND

## STRENGTH

<b>DAY 1</b> Write an honest prayer to God and read it out loud. Then listen for what He may say to you	<b>DAY 2</b> Instead of listening to music or media while driving, sit in silence with God and listen	<b>DAY 3</b> Memorize a Scripture, practice it throughout the day, and share it with someone	<b>DAY 4</b> Invite someone to attend church this week and take notes during the sermon
<b>DAY 5</b> Send an encouraging text to someone you haven't talked to in a while	<b>DAY 6</b> Tell someone you love what they mean to you	<b>DAY 7</b> Start Eleven22's Discipleship course, Growth Track (or encourage someone else to start if you've finished)	<b>DAY 8</b> Take a walk and pray for the gospel to transform your neighborhood, city, country and the world
<b>DAY 9</b> Pray for God to bless someone who has wronged you	<b>DAY 10</b> Sing a <u>worship</u> song out loud to God	<b>DAY 11</b> Listen to a <u>Deepen</u> podcast episode	<b>DAY 12</b> Do a physical act of service (help, clean, carry, etc.)
<b>DAY 13</b> Spend 10 minutes thanking God for specific people in your life and praying for them	<b>DAY 14</b> Pray for <u>persecuted Christians</u> around the world	<b>DAY 15</b> Study the meaning of a word from Scripture (ex: heart, holy, abide)	<b>DAY 16</b> Drink only water today and thank God for providing it
<b>DAY 17</b> Ask God how He wants you to be <u>generous</u> today, then do it (try to stay anonymous)	<b>DAY 18</b> Sit outside, notice God's creation, and thank Him for it	<b>DAY 19</b> Write down your five most common thoughts and ask if they align with Christ and His Word. Replace lies with <u>Scripture</u> .	<b>DAY 20</b> Schedule a health appointment you have been putting off
<b>DAY 21</b> Read Matthew 11:28-30 several times and meditate on it	<b>DAY 22</b> List 10 ways God has been faithful in your life	<b>BONUS</b> Listen to a past <u>Eleven22 sermon</u> and share it with someone	<b>BONUS</b> Exercise for 30 minutes while listening to <u>worship music</u>
<b>BONUS</b> Create a gratitude list of 22 things and place it where you will see daily. Listen to a past sermon <u>HERE</u> to learn more	<b>BONUS</b> If medically able, fast from food for the day (or fast from something else). Check out our Family Fasting Guide <u>HERE</u>	<b>JOIN THE TOGETHER22 CHALLENGE!</b>	



*"And you shall love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength." - Mark 12:30*