



# 1825 DISCIPLE GROUP CURRICULUM

## CURRICULUM GUIDE

Mountain to Mountain – Week 7

February 26 and March 1, 2026

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### LEADER NOTES:

- **Leading Well in 7 Minutes or Less** – Listen to ALL episodes for free on Spotify or Apple.
- Check out what is going on with all things 1825 in our [Linktree](#)

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### ANNOUNCEMENTS:

- **Short term mission opportunities: Costa Rica applications close March 31!!!!**  
[1825 Costa Rica D](#) | July 13-19, 2026  
[1825 Costa Rica E](#) | July 13-19, 2026

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### CONNECT:

If you spend the first few weeks in the connect portion more than curriculum questions that is okay!!!

The goal is not to stick only to this portion, but remember:

**1825 DISCIPLE GROUPS ARE VALUE-DRIVEN, NOT CURRICULUM DRIVEN**

**Names Matter.**

- **Action Step check-in:** Whether you completed it or not – What did you learn about God? What did you learn about yourself?
- **Icebreaker:** What song is on repeat for you right now?

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### 1825 DG SPRING – WK 7

**Sermon Text(s): Matthew 5:48-6:18**

**The Point: When we give, pray, and fast, the point is not performative. The point is to point our hearts to HIM because of what He has done for us.**

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### DISCOVER & DEEPEN

*(The goal is to grow in our relationship with Christ and each other. Not answering every question is totally acceptable.)*

**Read Matthew 5:48-6:18**

1. What has God revealed to you about Himself through the Scriptures and through the sermon this week?

2. Jesus says in **Matthew 5:48** to “be perfect.” How does this challenge the truth that we are all sinners in need of a Savior? How are we made perfect?
3. Jesus says your Father “sees in secret.” How would your habits change if you truly believed God sees and rewards what no one else does?
4. Which of these—giving, prayer, or fasting—feels most unnatural or difficult for you? Why?
5. What are the main competitors for the “throne” of your heart (money, attention, comfort, success)? How do giving, praying, fasting help us fight against these things?
6. There are three types of generosity talked about in scripture. What are they?
7. How does generosity reshape our trust in God?
8. When you pray, do you relate to God more like a judge, a vending machine, or a Father? How does that shape your prayer life?
9. Prayer was central to Jesus’ life and ministry as we see in Luke and Acts. Is prayer more often your first response or last resort?
10. In what situations in your life do you tend to rely on other things (yourself, friends, etc.) instead of turning to prayer first?
11. How is fasting less about losing something and more about gaining deeper intimacy with God?
12. Have you ever experienced God more clearly when you removed distractions? What happened?
13. Who is one person you could intentionally pray for while fasting—and what specifically would you ask God to do?

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## **ACTION STEP**

**In light of your answers tonight, what is one step God is calling you to take this week?**

Sanctification and spiritual growth are not linear, but they always involve a step of obedience. Some will have the same next step week after week as they grow in spiritual disciplines and learn to walk in obedience. Others will have a next step that can be completed within the week.

The more you can lead individuals in making their next step SMART (specific, measurable, achievable, relevant, timely) the easier it is to walk out accountability.

Example:

1825: "My next step is to read my bible more."

Leader: "How many times this next week do you want to read your bible? When will you do it? How long? What will you read?"

1825: "I want to read when I wake up three mornings for 20 minutes."

Have a group member record next steps and share in your Group Me.

*Next week check in. How did it go? Whether you accomplished the goal or not: What did you learn about God? Yourself?*

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## **PRAYER**

**How can we pray for you and your walk with Jesus? Close in Prayer.**

*While we are happy to pray for all things, we want to grow in authenticity by asking and sharing how we can pray for one another as we discover and deepen in our relationship with Christ and take next steps of obedience.*

**\*\*\*TIP:** *Provide index cards. Have each member write their prayer requests on a card with their name and place in the middle of the circle. At the end of group each person selects a card to pray over for the next week. Encourage members to reach out to the individual they are praying for during the week. Mixed groups: keep guys and girls cards separate. Guys pray and reach out to guys. Girls pray and reach out to girls.*