



DISCIPLE GROUP CURRICULUM GUIDE

Stand Firm & Act Like Men:
Husbands Love Your Wives
November 13 & 16, 2025
Pastor Matt Carter

LEADER NOTES – *Leading Well in 7 Minutes or Less* – Listen to ALL episodes for free on [Spotify](#) or [Apple](#).

2025 Fall trimester: August 18 – December 8.

2026 - Spring trimester: 1/5 - 5/11 **Summer trimester:** 6/1 - 7/27 **Fall trimester:** 8/17 - 12/7

ANNOUNCEMENTS: NEW - Christmas Toy Drive, November 13-30 - Share the love of Jesus in a tangible way this holiday season by donating NEW toys to foster care families. Toys can be dropped off at either Hope's Closet® store or in the marked bins located in the Eleven22 campus lobbies. Visit Coe22.com/localmission for a list of approved toy donations.

THIS WEEK'S READING PLAN: Download our app for [Apple](#) or [Android](#). Click the "Daily" icon at the bottom of the app for our daily Bible reading plan.

Share Wins, Praises and Prayers: Where did you see God move this week?

Action Step Review: Last week's action step: *"Jesus said greatness = service. Pick some ways you can actually serve someone this week at home, work or school without getting credit for it. Come back next week and share how it went and what God showed you through it."* How did God answer your prayers? What did you learn about God? About yourself?

Sermon Text: *Ephesians 5:25-27; 1 John 4:19*

Discussion Questions

Leaders: Please use the questions in the curriculum to facilitate discussion of the sermon and the Scriptures. But there's no need to answer every question. The goal is to get your group members talking more than you.

Note: If you are a woman or not married, please join the discussion with how you love people the way Jesus calls you to.

- **Read Ephesians 5:25-27. What stood out to you this week in the sermon, in the Scriptures and what God revealed to you about Himself?**
- **Share a time you felt distant from your spouse or from God. How did that make you feel?**
- **Discover:** Discuss what Agape love means in the Bible. *(It's an expression of love that's not based on feeling, but rather a self-giving, sacrificial kind of love that seeks the highest good of the other person – regardless of their merit or response. Agape love is shown through tangible, everyday choices like attentiveness, presence, gentleness, etc.)*
Deepen: What does it look like to love your spouse (or loved ones) that way? *(Being a Godly Husband has less to do with how you FEEL, and EVERYTHING to do with what you DO to tangibly demonstrate your love. Run to the cross, bend your knee, look up and see Jesus hanging there. Love your wife like that.)*
- **How does Christ love the church?** *(Jesus didn't wait for us to deserve His love, He was the initiator. He loved us first. See 1 John 4:19. When we were still dead in our trespasses and sin, He died for us. Do you love your wife first, or is your love conditional? You are called to love your wife by taking the first step in repentance, reconciliation, affection, prayer and encouragement.)*
- **What's the most meaningful way someone has ever shown you love, and how did it impact you?**
- **Discover:** Share a time you pursued and cherished your wife.
Deepen: What is your spouse's (or boyfriend's/girlfriend's) love language and how can you pursue, cherish and love them in their love language? *(The five love languages are: Gifts. Physical Touch. Acts of Service. Words of Affirmation. Quality Time. You can have more than one love language. You can take a quiz to learn your love languages at <https://5lovelanguages.com/>)*
- **Ephesians 5:25 says, "Husbands, love your wives as Christ loved the church and gave Himself up for her." What hobbies or habits do you need to give up so you can love her more like Jesus?**

Action Step: If you don't know, ask your wife what her love language is. Commit to pursuing and cherishing her in her love language in big and small ways. You may need to plan things out and put them on your calendar. Remember, these aren't tasks to get done, they are tangible ways to show how much you love her.

Your Discipleship Journey

- **RightNow Media:** Find *an unending supply of resources* by signing up for a FREE RightNow Media account. Go to coe22.com/rightnowmedia or text “RightNow” to 441122.

(Note: You'll need to login or create an account to view RightNow Media content.)



Go to coe22.com/resources/discipleship-journey/ and click “Download Tool” to download or print a discipleship journey tool with questions for you to ask yourself and others. Please share the link and directions with others in your group.