



DISCIPLE GROUP CURRICULUM GUIDE

Stand Firm & Act Like Men: Be Strong
November 6 & November 9, 2025
Pastor Joby Martin

LEADER NOTES – Prayer Request: We're asking every leader to put Disciple Groups on your daily prayer list. Please pray for Jesus to bring more people into our groups so He can transform them. Pray for Jesus to help you raise up new leaders in your group to make room for one more. Thank you!

Leading Well in 7 Minutes or Less – Listen to ALL episodes for free on [Spotify](#) or [Apple](#).

2025 Fall trimester: August 18 – December 8.

2026 - Spring trimester: 1/5 - 5/11 **Summer trimester:** 6/1 - 7/27 **Fall trimester:** 8/17 - 12/7

ANNOUNCEMENTS: Eleven22 Family Discipleship Devotionals - Our kids ministry creates devotionals to walk through with your children each week. Go to the Eleven22 app, click the resources tab at the bottom of the screen and scroll down until you see them listed under “Family Discipleship Devotionals.”

Serve on the Respond Team - Help connect people to Eleven22 by calling recent visitors or those interested in taking next steps (like getting baptized or joining a disciple group). Ideal for those who can serve for an hour or two after services and can make phone calls throughout the week. Training provided. [Click here](#).

THIS WEEK'S READING PLAN: Download our app for [Apple](#) or [Android](#). Click the “Daily” icon at the bottom of the app for our daily Bible reading plan.

Share Wins, Praises and Prayers: Where did you see God move this week?

Action Step Review: Last week's action step: *“Identify one person—your spouse, child, friend, coworker—who needs you to fight FOR them spiritually this week. Every morning, put on the whole armor of God, pray for them, speak Scripture over them and life into them. If needed, have a conversation that restores peace or points them to Jesus. Ask someone to do this for you this week as well.”*

How did God answer your prayers? What did you learn about God? About yourself?

The Point: True strength is not found in Position, Possessions, or Power but in the PERSON and Work of Jesus.

Sermon Text: *Proverbs 24:17; Matthew 20:17-28; Luke 11:20-22; John 13:1-20; 19:11; Acts 11:24; Philipians 2:1-11; 2 Corinthians 12:10*

Discussion Questions

Leaders: Please use the questions in the curriculum to facilitate discussion of the sermon and the Scriptures, but there's no need to answer every question. The goal is to get your group members talking more than you.

NOTE: The sermon discussed what makes a strong man. However, all of this can easily apply to a strong woman as well. This discussion should include everyone in your group.

- **Read Matthew 20:17-28. What stood out to you in the sermon this week, in the Scriptures and what God revealed to you about Himself?**
- **How did Jesus show His strength?** (*Jesus showed His true strength through obedience to God the Father, even to death on the Cross. He showed His strength through living a perfect, sinless life for you and for dying for you.*)
- **Discover:** How is a strong man a sabbathed man? (*A sabbathed man has a rightly ordered life where Jesus is before all things. Make worship, resting in the lord and refueling a priority.*)
Deepen: Share what you do when you're sabbath rested, and what stops you when you aren't. (*You make terrible decisions when you're tired and busy. Are you spending your most precious commodity – time – on the most important things?*)
- **How is a strong man a persevering man?** (*If you're going to stand up and act like a man, you will endure pain. The level at which a man is useful to God is directly related to the pain he can endure for God's purposes. See Proverbs 24:17.*)
- **Read Matthew 20:24-25. How is a strong man a humble man?** (*God opposes the proud. Do you know how to submit to the authority of God the Father, or are you trying to grab power? Strength and security are demonstrated in humility.*)
- **Read Matthew 20:26-28. How is a strong man a serving man?** (*Jesus came to serve, not to be served. See Philippians 2:1-11 and John 13:1-20. You are called to leverage your strength for others. In Christ, your goal is not to rise to the top of the heap but to kneel down and lift others up.*)
- **How can you serve and show the full extent of your love to your loved ones this week? Where are you currently serving?** (*Your service is to be driven by love – not by guilt, not by obligation, not by manipulation – but by love.*)
- **Share which one of the four main characteristics of a "strong man" is your biggest challenge – sabbathed, persevering, humbled, serving. What makes that characteristic particularly difficult for you?**
- **What do you need to change in your life so that, at your funeral, people will say you were an Acts 11:24 person?**

Action Step: Jesus said greatness = service. Pick some ways you can *actually* serve someone this week at home, work or school without getting credit for it. Come back next week and share how it went and what God showed you through it.

Your Discipleship Journey

- **RightNow Media:** Find *an unending supply of resources* by signing up for a FREE RightNow Media account. Go to coe22.com/rightnowmedia or text “RightNow” to 441122.

(Note: You'll need to login or create an account to view RightNow Media content.)



Go to coe22.com/resources/discipleship-journey/ and click “Download Tool” to download or print a discipleship journey tool with questions for you to ask yourself and others. Please share the link and directions with others in your group.