



DISCIPLE GROUP CURRICULUM GUIDE

Stand Firm & Act Like Men: Stand Firm
October 30 & November 2, 2025
Pastor Joby Martin

LEADER NOTES – *Leading Well in 7 Minutes or Less* – New Episode: S4 E8: How to help your members take next steps of faith. Listen ALL episodes for free on [Spotify](#) or [Apple](#).

Fall trimester: August 18 – December 8

Spring 2026 trimester: 1/5 - 5/11

ANNOUNCEMENTS: NEW - Serve on the Respond Team: Help connect people to Eleven22 by calling recent visitors or those interested in taking next steps (like getting baptized or joining a Disciple Group). Ideal for those who can serve for an hour or two after services and can make phone calls throughout the week. Training provided. [Click here](#).

Serve Opportunities for Men: Men are designed to lead and love well, and when they do, everyone flourishes. Serve with one of our ministry partners to build, mentor, pray or play! [Click here](#) for more information and to sign up.

Sign up to receive a seven-week daily devotional written by Gretchen Martin: Designed for women, this devotional will guide you through Scripture, prayer and reflection—inviting you to grow in biblical womanhood and stand firm in faith throughout the *Stand Firm and Act Like Men* series.

THIS WEEK'S READING PLAN: Download our app for [Apple](#) or [Android](#). Click the "Daily" icon at the bottom of the app for our daily Bible reading plan.

Share Wins, Praises and Prayers: Where did you see God move this week?

Action Step Review: Last week's action step: *"Take any worries you have this week, follow 1 Peter 5:7 and "cast" them like a weight off a cliff—not a fishing line that reels back in. Write your anxieties on paper, pray Philippians 4:6-7 over them, then burn or shred the list as a symbol of surrender."* How did God answer your prayers? What did you learn about God? About yourself?

The Point: The Lord is a man of war; the Lord is his name. (Exodus 15:3) So God created man in his own image (Genesis 1:27). For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness (Ephesians 6:12). To stand up and act like men we must dress ourselves for battle and go to war to DEFEND and PROTECT our loved ones. Stand firm because our victory is in Jesus.

Sermon Text: Genesis 1:27; Exodus 15:3; *1 Samuel 17:45-47; Proverbs 4:23; Luke 11:21-22; 1 Corinthians 16:13-14; Ephesians 6:10-24*

Discussion Questions

Leaders: Please use the questions in the curriculum to facilitate discussion of the sermon and the Scriptures, but there's no need to answer every question. The goal is to get your group members talking more than you.

- **Read Ephesians 6:10-24. What stood out to you in the sermon this week, in the Scriptures and what God revealed to you about Himself?**
- **What do you think when you think about Jesus?** *(We tend to think of Jesus being love, mercy and grace and He is all those things. But He is also truth, justice and so much more. Exodus 15:3 tells us, "The lord is a warrior The Lord is His name." Make sure your thoughts about Jesus are rooted in Scripture and not your opinion.)*
- **Discover:** How are we called to fight the spiritual battle for others? *(Fight in the strength of Jesus, not in your own. Stand firm in the faith. Be watchful of the enemy's dirty war campaign of the mind. Fight for the heart, soul, mind and strength of those under your protection.)*
Deepen: How are you currently fighting for your faith and those around you?
- **Read Ephesians 6:12. What's the difference between fighting WITH your spouse and kids and fighting FOR your spouse and kids. (If you aren't married, substitute the people you care about most.)** *(The moment you stop fighting WITH your loved ones and start fighting WITH the enemy then you can begin to fight FOR your loved ones.)*
- **Read Ephesians 6:14. Does your family know TRUTH? What are you doing to make sure they do?** *(Jesus is the truth. See John 14:6. God's word is truth. Guard their hearts against the lies of this world with the truth of God's Word. See Proverbs 4:23.)*
- **Discover:** What's most important to you about your family, spouse and kids? *(If you're not married substitute those you love most and have influence with.)* *(We should be more concerned about their salvation and identity in Christ than we are about them being "happy" and "successful." See Matthew 6:33.)*
Deepen: What does your calendar, the way you spend your money and your social media feeds say about your family's identity? *(Based on what you find, where do you need to stand firm in the faith and fight.)*
- **Read Ephesians 6:15. When you walk into a room at home or at work do you bring peace or chaos? When it's chaos, who do you need to go to for reconciliation?** *(Ask your spouse or someone close to you what it's like when you walk in the room. You may need to become the chief apologist. Confess, repent and reconcile.)*
- **Read Ephesians 6:17. Does your family (or loved ones) understand the gospel and salvation? Take turns right now practicing how to explain that.**
- **Jesus rebuked Satan with God's word, "it is written." Share some of your "it is writtens." If you don't have any, spend 5 minutes right now doing a Bible search for a few that you can memorize, speak over your loved ones and lean on.**
- **Share a time when prayer changed something in your life or someone else's. What helps you pray with the kind of intensity and purpose described in the sermon?**

Action Step: Identify one person—your spouse, child, friend, coworker—who needs you to fight FOR them spiritually this week. Every morning, put on the whole armor of God, pray for them, speak Scripture over them and life into them. If needed, have a conversation that restores peace or points them to Jesus. Ask someone to do this for you this week, as well.

Your Discipleship Journey

- **RightNow Media:** Find *an unending supply of resources* by signing up for a FREE RightNow Media account. Go to coe22.com/rightnowmedia or text “RightNow” to 441122.

(Note: You'll need to login or create an account to view RightNow Media content.)



Go to coe22.com/resources/discipleship-journey/ and click “Download Tool” to download or print a discipleship journey tool with questions for you to ask yourself and others. Please share the link and directions with others in your group.