



# DISCIPLE GROUP CURRICULUM GUIDE

Stand Firm & Act Like Men: Be Watchful  
October 23 & 26, 2025  
Pastor Joby Martin

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**LEADER NOTES – *Leading Well in 7 Minutes or Less*** – Listen ALL episodes for free on [Spotify](#) or [Apple](#).

**Fall trimester:** August 18 – December 8

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**ANNOUNCEMENTS: The Next Final In-Person Growth Track session is Sunday, November 2 after the 11:22 service at your local campus:** *Growth Track* is a hybrid course with two on-demand online sessions (20-30 minutes each) exploring the Discipleship Triangle, followed by a final in-person gathering at your local campus.

**Serve Opportunities for Men:** Men are designed to lead and love well, and when they do, everyone flourishes. Serve with one of our ministry partners to build, mentor, pray or play! [Click here](#) for more information and to sign up.

**Sign up to receive a seven-week daily devotional written by Gretchen Martin:** Designed for women, this devotional will guide you through Scripture, prayer and reflection—inviting you to grow in biblical womanhood and stand firm in faith throughout the *Stand Firm and Act Like Men* series.

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**THIS WEEK’S READING PLAN:** Download our app for [Apple](#) or [Android](#). Click the “Daily” icon at the bottom of the app for our daily Bible reading plan.

**Share Wins, Praises and Prayers:** Where did you see God move this week?

**Action Step Review: Last week’s action step:** “Men, take the challenge to stand up and act like men by first bending your knee to Jesus. [Click here](#) and we’ll send you some encouragement, tools and help hold you accountable.” How did God answer your prayers? What did you learn about God? About yourself?

**The Point:** Failure is not final. Get back on that wall. In the kingdom there are no second chances; there is the blood of Jesus and from now on. Fight like the future depends on it...because it does.

**Sermon Text:** *1 Peter 5:6-11; Philippians 4:6-7*

## Discussion Questions

**Leaders:** Please use the questions in the curriculum to facilitate discussion of the sermon and the Scriptures, but there's no need to answer every question. The goal is to get your group members talking more than you. Creating trust among members and understanding who is in the group is vital to taking conversations deeper and growing in vulnerability.

- **Read 1 Peter 5:6-11. What stood out to you in the sermon this week, in the Scriptures and what God revealed to you about Himself?**
- **What does it mean to humble yourself under the mighty hand of God so that at the proper time he may exalt you?** (*Humbling yourself is the antidote to pride. The enemy often uses pride to take men out. Are you prideful? Pride is when you think too highly of yourself, when you think the world is about you. Do you seek credit? Do you have a problem complimenting others when you know you were the responsible one? Do you always have to be right? Worship God and be humble in front of his mighty hand.*)
- **God used Peter to write these verses about humility. What can you learn from Peter's story about pride, humility and how God can continue to use you even after you've sinned?** (*Peter was prideful with Jesus and said he would never betray Him. Then he denied Him. Then he humbled himself when Jesus appeared on the shore of the Sea of Galilee. Then Jesus exalted him and used him for His glory.*)
- **Read Philippians 4:6-7. Share a time you were able to cast your anxieties on Him or a time you struggled to do that.** (*What are you worried about and what can you really do about it? Are you putting your faith in your circumstances or in your Sovereign Savior?*)
- **Discover:** What are the comforts and distractions in your life that may be taking you away from your calling and responsibilities?  
**Deepen:** Comfort is not a biblical value. God calls you to take action (sometimes hard actions), not with your own strength, but through Him. What is He calling you to do? (*Do something! Serve. Go on a mission trip. Get into the advancement of the kingdom.*)
- **We live in a fragmented, isolated society and the enemy will use this against you. Where are you distancing yourself from others, maybe even from God and saying, "I got this"?** (*Who are praying for specifically based on a request? Who is praying for you? Who really knows how and what you're doing?*)
- **Discuss the difference between "struggling" with something (lust of the eyes, lust of the flesh and the pride of life) and sinning.** (*We often say we're struggling when we're really just sinning and then saying we're trying not to. Truly struggling with a sin means joining with Jesus and the Holy Spirit to fight the enemy and temptation. This includes doing everything you can to avoid and flee from sin.*)
- **Share a time you've sinned, repented and gotten back on the wall. How has God's grace transformed that story for His glory?** (*Read 1 Peter 5:10-11. Failure is not final. God can use your story for his glory. Jesus will restore you where you have fallen short, confirm you through a band of brothers, strengthen you by the Holy Spirit so that you can fight the good fight and establish you in your position on that wall—to be a protector and defender. Fight like the future depends on it because it does.*)
- **How can you offer hope to someone who is living in a situation where the man is no longer present?** (*Pray for them. The Care team would love to love on you. Go to [coe22.com/care](http://coe22.com/care) for more information and to request a caregiver.*)

**Action Step:** Take any worries you have this week, follow 1 Peter 5:7 and "cast" them like a weight off a cliff—not a fishing line that reels back in. Write your anxieties on paper, pray Philippians 4:6-7 over them, then burn or shred the list as a symbol of surrender.

## Your Discipleship Journey

- **RightNow Media:** Find *an unending supply of resources* by signing up for a FREE RightNow Media account. Go to [coe22.com/rightnowmedia](http://coe22.com/rightnowmedia) or text “RightNow” to 441122.

*(Note: You'll need to login or create an account to view RightNow Media content.)*



*Go to [coe22.com/resources/discipleship-journey/](http://coe22.com/resources/discipleship-journey/) and click “Download Tool” to download or print a discipleship journey tool with questions for you to ask yourself and others. Please share the link and directions with others in your group.*