



# 1825 DISCIPLE GROUP CURRICULUM

## CURRICULUM GUIDE

Stand Firm – Week 1

October 16-19, 2025

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**LEADER INFO:** 1825 Fourth Sunday recording for September now available on our YouTube channel: <https://www.youtube.com/@1825ministry>

Leading Well in 7 Minutes or Less – Listen ALL episodes for free on Spotify or Apple.

Fall trimester ends December 13th

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## Announcements

**Serve Opportunities for Men:** Men are designed to lead and love well, and when they do, everyone flourishes. Serve with one of our ministry partners to build, mentor, pray or play! [Click here](#) for more information and to sign up.

**Sign up to receive a seven-week daily devotional written by Gretchen Martin:** Designed for women, this devotional will guide you through Scripture, prayer and reflection—inviting you to grow in biblical womanhood and stand firm in faith throughout the Stand Firm and Act Like Men series. Text Devo to 441122

**Serve Opportunity For Women With ARIZE | Volunteer Interest Night | Thursday, October 23<sup>rd</sup> | 6PM | 99 Church St E**  
Arize Together provides a forever community and resources to survivors of sexual exploitation or human trafficking, where they continue their healing journey with support, services and belonging. Join Arize Interest Night to discover opportunities to serve on their childcare team, prayer team and more! RSVP [HERE](#)

**October Fourth Sunday | October 26<sup>th</sup> | 6:45PM | San Pablo | “Why Christianity Holds Up Under Scrutiny”**  
4<sup>th</sup> Sundays are monthly opportunities to build community, engage in discipleship and to be equipped.

**Additional recommended resources to go deeper on our Fourth Sunday topics now available [Here](#).** Subscribe to be notified when new content is added!

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## 1825 DG Fall – WEEK 9

**The Point:** To Stand Up and act like a man you must first bow down and surrender to Jesus.

**Sermon Text:** Genesis 1:26-28; 2:5-9; 15-25; 3:1-24; 1 Corinthians 16:13-14; 1 Timothy 5:8

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**Connect** If you spend the first few weeks in the connect portion more than curriculum questions that is ok!!! The goal is not to stay here, but remember:

**1825 DISCIPLE GROUPS ARE VALUE-DRIVEN, NOT CURRICULUM DRIVEN**

### Names Matter.

- **Action Step check-in: Whether you completed it or not – What did you learn about God? What did you learn about yourself?**
- **Icebreaker: What’s a trend you secretly miss?**

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## **DISCOVER & DEEPEN**

*(The goal is to grow in our relationship with Christ and each other. It is ok if you don't cover every question.)*

**Read 1 Corinthians 16:13-14 and Genesis 3:1-24.**

- 1. What is ONE thought that stuck with you from this week's sermon? Why?**
  - 2. When Paul says, "*Be watchful, stand firm in the faith, act like men, be strong,*" what do you think he means by "act like men"? How is that different from cultural versions of masculinity?**
  - 3. Genesis 1:27 shows male and female created in God's image. How does each reflect different aspects of His character and nature?**
  - 4. Adam was placed in the garden "to work it and keep it." How do you see your own work or study as participation in God's creative purpose, not just a grind?**
  - 5. When God gave Adam the command not to eat from the tree, He was inviting trust. Where do you find it hardest to trust that God's boundaries are good?**
  - 6. Adam's silence when the serpent tempted Eve was an act of passivity. Where does passivity show up in your own life or generation? What would "standing firm" look like instead?**
  - 7. Sin distorted our design—turning work into toil, love into conflict, obedience into rebellion. How have you seen Jesus begin to restore those areas in you or people around you?**
  - 8. Men, how can you be more intentional about listening to the heart of the females in your life instead of just their voice?**
  - 9. Women, how can you be more encouraging and supportive of the males in your life and help them live out their God-given identity?**
  - 10. "*To stand up and act like a man, you must first bow down and surrender to Jesus*" reframes strength through humility. What does real strength in Christ look like?**
  - 11. Paul ends with, "*Let all that you do be done in love.*" How does love keep courage, strength, and conviction from turning into pride or harshness?**
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## **ACTION STEP**

### **In light of your answers tonight, what is one step God is calling you to take this week?**

Sanctification and spiritual growth are not linear, but they always involve a step of obedience. Some will have the same next step week after week as they grow in spiritual disciplines and learn to walk in obedience. Others will have a next step that can be completed within the week.

The more you can lead individuals in making their next step SMART (specific, measurable, achievable, relevant, timely) the easier it is to walk out accountability.

Example:

1825: "My next step is to read my bible more."

Leader: "How many times this next week do you want to read your bible? When will you do it? How long? What will you read?"

1825: "I want to read when I wake up three mornings for 20 minutes."

Have a group member record next steps and share in your Group Me.

*Next week check in. How did it go? Whether you accomplished the goal or not: What did you learn about God? Yourself?*

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## **Prayer**

### **How can we pray for you and your walk with Jesus? Close in Prayer.**

*While we are happy to pray for all things, we want to grow in authenticity by asking and sharing how we can pray for one another as we discover and deepen in our relationship with Christ and take next steps of obedience.*

**\*\*\*TIP:** *Provide index cards. Have each member write their prayer requests on a card with their name and place in the middle of the circle. At the end of group each person selects a card to pray over for the next week. Encourage members to reach out to the individual they are praying for during the week. Mixed groups: keep guys and girls cards separate. Guys pray and reach out to guys. Girls pray and reach out to girls.*

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