



DISCIPLE GROUP CURRICULUM GUIDE

Elijah: I Believe – Help My Unbelief
July 31 & August 3, 2025
Pastor Joby Martin

LEADER NOTES – Final Notice: We understand that “inactive” members can clutter your group page, making it cumbersome to navigate, especially on mobile devices. **On August 5, 2025**, we will remove all inactive members from your group page. From that date on, any member marked as “inactive” will be instantly removed. To contact an inactive member in the future, please save their contact information before this date, as it will no longer be accessible on your group page.

Leading Well in 7 Minutes or Less - S3 E5: How to Help Your Group Take the Action Step Each Week. Listen to this and ALL episodes for free on [Spotify](#) or [Apple](#).

Summer trimester: June 2 – July 28

Fall trimester: August 18 – December 8

ANNOUNCEMENTS – NEW – Join our ASL Serve Team or our Braille Serve Team: Exalt Christ by serving individuals and families impacted by special needs through ASL or Braille for worship services, disciple groups, materials and events. It’s great if you know ASL or Braille, but we can also teach you. We’re also asking those who are deaf, hard of hearing or visually impaired to speak into what would bless them most. [Click here to register](#). (Put ASL or Braille in the comments section of the registration.)

Stand Firm: Men’s Bible Study with our Teaching Pastors, Tuesdays, now through September 2, 6-7am: Men of Eleven22—it’s time to rise up, link arms, and lean into the call to stand firm and act like men. Join us Tuesday mornings throughout the Elijah series for an early morning Bible study led by Pastor Joby and our teaching team. [Click here to register](#).

THIS WEEK’S READING PLAN: Download our app for [Apple](#) or [Android](#). Click the “Daily” icon at the bottom of the app for our daily Bible reading plan.

Share Wins, Praises and Prayers: Where did you see God move this week?

Action Step Review: Last week’s action step was: “What is God calling you to do that you’re not doing? Pray on it, then obey God and do it. Share it with your group in your group chat or at group next week.” How did it go? What did you learn about God? About yourself?

Sermon Text: *Genesis 50:20; 1 Kings 17:17-24; Psalm 22; Matthew 17:1-21; 26:36-46; Mark 9:14-29; Romans 8:18-32; James 5:13*

Discussion Questions

Leaders: Our goal is for your group members to engage in a meaningful discussion, not to answer every question. Creating trust among members and understanding who is in the group is vital to taking conversations deeper and growing in vulnerability.

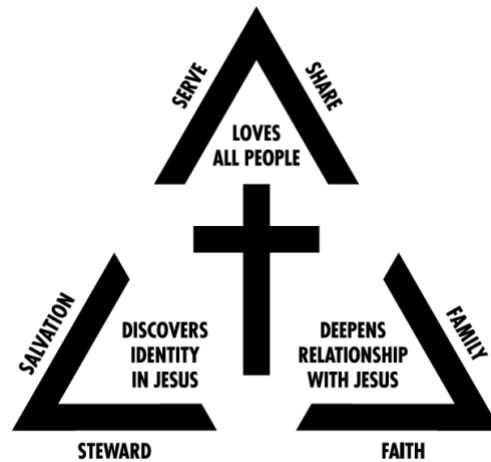
- **Read 1 Kings 17:17-24. What stood out to you in the sermon this week, in the scriptures and what did God reveal to you about Himself?**
- **Discover:** Share a time you went into a valley, felt hopeless and your situation seemed impossible. What did you do?
- **Deepen:** How did that valley experience impact how you see God as your Father and how you see that He cares for you?
- **Discover:** How do you know you can bring your questions and doubts to God? *(Remember all the times in the Bible where people questioned God. He didn't get angry; He met them right where they were and grew them in their faith. See the questions from the widow in 1 Kings 17:8-16 and the questions from the father in Mark 9:14-29. See David's questions in Psalm 22. See Jesus's questions in Matthew 26:36-46.)*
- **Deepen:** What steps can you take to bring your own struggles to God and seek healing through prayer and community?
- **Discover:** When have you prayed, I believe, help my unbelief? What did God do?
- **Deepen:** What do you do with your questions and doubts when it doesn't make sense?
- **Discover:** What evidence do you have that you can ask God for the impossible? *(Remember all the events in the Bible that demonstrate God's power over seemingly impossible situations. God is sovereign over all. Let this truth encourage you when facing your own "impossible" circumstances.)*
- **Deepen:** How can you pray like Elijah, persistently, with authority and power, believing God to move mountains?
- **Share a time when you were expecting God to do something, and He didn't. How did that make you feel and what did God show you through that experience?** *(God hears our prayers. He's a good dad and always answers – even if it's not always the way we want Him to. Why do we pray and ask God? See Romans 8:31. Will we always get what we ask for? No. See Romans 8:18. Life is hard, but God is good, and Jesus lives! Jesus does not always cure, but he always heals. We were spiritually dead, and Jesus gave His life for our sins.)*
- **How does the truth, "It's not the amount of faith, but the object of faith (Jesus) that matters," change how you pray and face difficult situations?**

Action Step: What do you need to boldly pray about to Jesus? Pray for each other right now.

Your Discipleship Journey

- **RightNow Media:** Find an *unending supply of resources* by signing up for a FREE RightNow Media account. Go to coe22.com/rightnowmedia or text “RightNow” to 441122.

(Note: You'll need to login or create an account to view RightNow Media content.)



Go to coe22.com/resources/discipleship-journey/ and click “Download Tool” to download or print a discipleship journey tool with questions for you to ask yourself and others. Please share the link and directions with others in your group.