



# DISCIPLE GROUP CURRICULUM GUIDE

Elijah: Running on Empty  
July 17 & 20, 2025  
Pastor Joby Martin

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**LEADER NOTES – IMPORTANT DATE:** We understand that “inactive” members can clutter your group page, making it cumbersome to navigate, especially on mobile devices. **On August 5, 2025**, we will remove all inactive members from your group page. From that date on, any member marked as “inactive” will be instantly removed. To contact an inactive member in the future, please save their contact information before this date, as it will no longer be accessible on your group page.

**Leading Well in 7 Minutes or Less - S3 E5: How to Help Your Group Take the Action Step Each Week.** Listen to this and ALL episodes for free on [Spotify](#) or [Apple](#).

**Summer trimester:** June 2 – July 28

**Fall trimester:** August 18 – December 8

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**ANNOUNCEMENTS – NEW: Stand Firm: Men’s Bible Study with Pastor Joby, Tuesdays, July 22 – September 2, 6:00am – 7:00am:** Men of Eleven22—it’s time to rise up, link arms, and lean into the call to stand firm and act like men. Join us Tuesday mornings throughout the Elijah series for an early morning Bible study led by Pastor Joby and our teaching team. [Click here to register](#).

**NEW: Serve at Hope’s Closet:** From organizing donations to assisting shoppers, every task helps create a space where ministry and community come together to share the love of Jesus! [Click here](#) to serve with your group. [Click here](#) to serve as an individual.

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**THIS WEEK’S READING PLAN:** Download our app for [Apple](#) or [Android](#). Click the “Daily” icon at the bottom of the app for our daily Bible reading plan.

**Share Wins, Praises and Prayers:** Where did you see God move this week?

**Action Step Review:** What can you share from the action step last week? How did it go? What did you learn about God? About yourself?

**Sermon Text:** *1 Kings 17:1-7; Psalm 42:1-5; John 6:68; Galatians 1:10*

**Action Step:** Pray about one specific area of your life where God is calling you to obey His Word, even if it feels challenging or uncomfortable. Write down the step of obedience, pray for courage and take action. Share with your group next week how your obedience impacted your faith and your circumstances.

### Discussion Questions

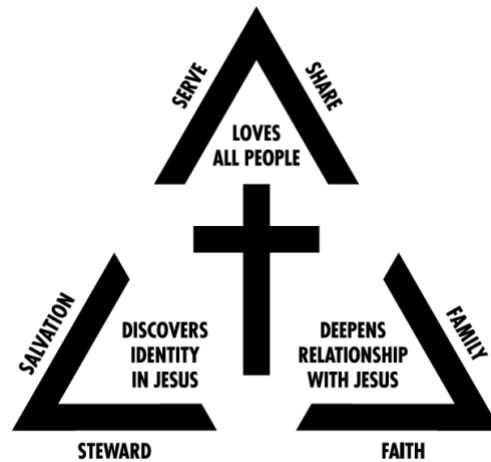
**Leaders:** Our goal is for your group members to engage in a meaningful discussion, not to answer every question. Creating trust among members and understanding who is in the group is vital to taking conversations deeper and growing in vulnerability.

- **Read 1 Kings 17:1-7. What stood out to you in the sermon this week and what did God reveal to you in the Scriptures?**
- **Discover:** Describe Elijah and the spiritual climate he lived in.  
**Deepen:** How does his time relate to our time? *(Think about all the areas of compromise, idolatry, sin, confusion and distraction you see in today's culture that parallel King Ahab's reign. What idols, people and distractions are pulling you away from God?)*
- **Discover:** How was Ahab like Adam? *(Just like Adam, Ahab allowed and participated in all kinds of sin and evil. They were both passive men, neither led well nor lived up to their responsibilities.)*  
**Deepen:** How do we see that problem with some of our men today? *(Absent fathers and passive men are all too common. So many problems in our homes and our society would disappear if men would follow God, stand firm and act like men. If you're a man, what is God calling you to do? If you're a woman, how can you encourage the men in your life to follow God?)*
- **Elijah consistently "went and did according to the word of the Lord." Why did Elijah obey God?** *(Elijah obeyed God because he trusted Him. He trusted God because he knew Him. The more you know and trust God, the easier it becomes to obey Him.)*
- **Share a time you felt called to take a bold stand for truth like Elijah. What held you back or propelled you forward?** *(Where can you stand for God and be an "Elijah" in your life – your family, workplace and community?)*
- **God used a drought to get the attention of His people. What "drought" or disruption in your life might God be using to draw you closer to Him?**
- **Discover:** Read 1 Kings 17:7. Share a time you were following God and the brook dried up.  
**Deepen:** What do you do when the brook dries up even though you know you've been faithful? *(Look to the cross, not the brook. Run to Him, not from Him. Be desperate for God, not just his provisions. See Psalm 42:1–5. Where else would you go? Jesus is the only way to eternal life. See John 6:68.)*

## Your Discipleship Journey

- **RightNow Media:** Find an *unending supply of resources* by signing up for a FREE RightNow Media account. Go to [coe22.com/rightnowmedia](http://coe22.com/rightnowmedia) or text “RightNow” to 441122.

*(Note: You'll need to login or create an account to view RightNow Media content.)*



Go to [coe22.com/resources/discipleship-journey/](http://coe22.com/resources/discipleship-journey/) and click “Download Tool” to download or print a discipleship journey tool with questions for you to ask yourself and others. Please share the link and directions with others in your group.