



# DISCIPLE GROUP CURRICULUM GUIDE

In The Arena: Jacob Wrestles God  
June 26 & 29, 2025  
Pastor Joby Martin

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**LEADER NOTES – *Leading Well in 7 Minutes or Less*:** Listen to ALL episodes for free on [Spotify](#) or [Apple](#).

**Summer trimester:** June 2 – July 28

**Fall trimester:** August 18 – December 8

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**ANNOUNCEMENTS – Summer Serve Opportunities:** Bring the hope of the gospel and Jesus's love to others this summer by serving our community. There are so many ways to serve, including from your home. [Click here for more information and to signup.](#)

**Growth Track:** Whether you're brand new to The Church of Eleven22 or you've been here a while, Growth Track is for you. It's a hybrid course with two on-demand online sessions (20-30 minutes each) exploring the [Discipleship Triangle](#), followed by a final in-person gathering at your local campus. [Click here](#) to learn more and start the course.

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**THIS WEEK'S READING PLAN:** Download our app for [Apple](#) or [Android](#). Click the "Daily" icon at the bottom of the app for our daily Bible reading plan.

**Share Wins, Praises and Prayers:** Where did you see God move this week?

**Action Step Review:** What can you share from the action step last week? How did it go? What did you learn about God? About yourself?

**Sermon Text:** *Genesis 25:29-34; 27; 28:10-22; 32:22-32; 35*

**Action Step:** Schedule one hour to be alone with God this week. No music, no phone, no distractions. Just Scripture, prayer, and a willingness to be honest. Use Genesis 32:24-32 as a guide. Ask God: “What do you want to change in me?” Don’t rush. Wrestle. Get a partner from group, call each other and share what God revealed to you.

### Discussion Questions

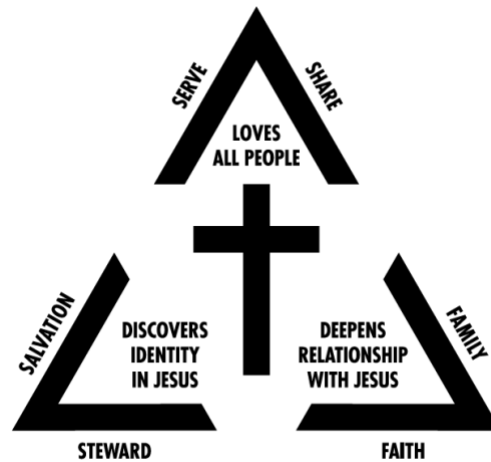
**Leaders:** Our goal is for your group members to engage in a meaningful discussion, not to answer every question. Creating trust among members and understanding who is in the group is vital to taking conversations deeper and growing in vulnerability.

- **Read Genesis 25:29-34 and 28:10-22. What stood out to you in the sermon this week and what did God reveal to you in the Scriptures?**
- **When you're tired, hungry or isolated, what worldly appetites can become the loudest voice in your life?** *(Be aware of 1. Impact bias: a tendency to overestimate the intensity and duration of your emotional reaction to future circumstances. 2. Focalism: you overestimate the importance of a single factor or event when making judgments or predictions. You can't see the future promise because the desire of instant gratification has blurred your vision. Examples include pre-marital sex, dishonesty at work, lying to impress, not attending church, drinking too much and dumb debt.)*
- **What's your stew that you are tempted to sell your birthright for?** *(The enemy uses the lust of the eyes, lust of the flesh and the pride of life. Beware of any area of your life you're tempted to prioritize over God's long-term promises. Refocus on His plan for your life based on His word.)*
- **Discover:** In Genesis 28:10-22, God gives Jacob the same promise He gave Abraham, despite Jacob's deceitful behavior. What does this show about God's character? *(See Romans 9. Examples include grace, mercy, love and His relentless pursuit of His people.)*  
**Deepen:** Share when you've experienced God's grace even when you felt unworthy.
- **Discover:** Share a time you tried to make a deal with God and how that turned out.  
**Deepen:** What would a prayer of true surrender and worship sound like?
- **Why do you think God chose to wrestle with Jacob all night instead of overpowering him immediately?**
- **What are you wrestling with God over in your life?** *(When you are broken by God you actually win! Your identity has changed because you surrendered. The death of the old you is the beginning of who God has called you to be. Your past does not define you. Only Jesus gets to tell you who you are.)*
- **Discover:** Jacob's wrestling match with God left him with a limp, a reminder of his surrender. What “limp” (a change or scar) has God used in your life to remind you of His grace and transformation?  
**Deepen:** How can you turn that into a testimony for His glory?

## Your Discipleship Journey

- **RightNow Media:** Find an *unending supply of resources* by signing up for a FREE RightNow Media account. Go to [coe22.com/rightnowmedia](http://coe22.com/rightnowmedia) or text “RightNow” to 441122.

*(Note: You'll need to login or create an account to view RightNow Media content.)*



*Go to [coe22.com/resources/discipleship-journey/](http://coe22.com/resources/discipleship-journey/) and click “Download Tool” to download or print a discipleship journey tool with questions for you to ask yourself and others. Please share the link and directions with others in your group.*