



1825 DISCIPLE GROUP CURRICULUM

CURRICULUM GUIDE

Follow Me

May 29-June 1, 2025

LEADER INFO: The primary goal in the first few weeks of your group is simple but powerful:

Create a space where people feel seen, known, and safe. Use this time to cast vision, establish expectations, and lay the groundwork for a community marked by authenticity, vulnerability, and meaningful connection.

5 THINGS BEFORE YOU GET STARTED:

1. Trust God: You've said "yes" to God's call to lead and shepherd the 18–25-year-olds He brings into your group. While we provide curriculum, curriculum alone will never replace the power of genuine relationships and personal encounters with God. We're praying for life-changing moments with God through this journey. But remember: those moments aren't manufactured. They're Spirit-led.

Getting through to your group is more important than getting through the curriculum.

Let the Holy Spirit lead. Pay attention to what God is doing in the room, even if it means setting the guide aside.

2. Trust Yourself: There will be moments when your instincts as a leader don't align perfectly with the guide. That's okay. Every group is different. The curriculum is a *tool*, not a *template*.

You've been called for a reason. You're with this group in this season on purpose.

Don't try to be perfect. Don't manage your image. Be real.

As the leader, go first in modeling vulnerability and authenticity. Use discernment, but don't hide the real you. Your group doesn't need to counsel you, but they *do* need to see you.

3. Trust the Process: Each 1825 group is unique, but every group exists to glorify God and point people to Him.

*You don't have to be a *perfect* leader—just a *prepared* one.*

Your presence each week, along with your preparation, shows your group that they matter.

Let scripture speak. Let application be real-time. Don't over-teach—ask more than you tell. Allow silence when people need time to process. Expect pain; welcome honesty.

Create a culture where people can be fully known, accepted, and loved.

4. Believe for the Best: Leading people is messy. There will be setbacks, contradictions, and moments that test your patience. That's okay—*growth is slow* and *transformation takes time*.

You cannot cause spiritual growth—only God can. Take the pressure off yourself.

Focus on creating a space for God to move. And when you see growth? Celebrate it! Point it out. Give God the credit. Let people know when you see Him at work in their lives.

5. Prepare for More: From day one, your role is to help your group look *beyond* the group.

Groups are for pouring in—community, growth, encouragement. But that's not the end goal. The mission is always *outward*. Help your 1825s move from being poured into → to pouring out.

Move them to be the Church.

Move them into ministry.

Move them toward a lifestyle of service, love, and mission.

Push them past the boundaries of the group. Help them build a faith that's not just personal but powerful—and alive. Transitions are tough, but your job is to prepare, challenge, and encourage them to take their next step as disciples who make disciples.

GROUP ANNOUNCEMENTS:

Fourth Sunday | June 22 | San Pablo | 7PM

Whether you're new or have been around a while, this night is for YOU. This month's focus: From Information To Transformation: Reading The Bible With Purpose. We can't wait to see you there!

Summer Study | Don't Waste Your Life | June 1- August 3 | San Pablo | 6:30-8PM

We're launching a unique Discover Group this summer—partnering with our Senior Adults ministry to walk through *Don't Waste Your Life* by John Piper. Each week we'll unpack what we're reading and talk about big questions of faith together.

Books available [HERE](#)

Registration link [HERE](#)

1825 Encounter | October 24-26, 2025 | The Retreat Center | \$150

We invite you to take a weekend to unplug and join like-minded 18-25 yrs old as we study God's Word, discuss real life, and build relationships. The cost is \$150/person and includes a 2-night stay with lodging, all meals and beverages. Transportation is not provided.

Passion Conference | Arlington, Texas | December 31, 2025 – January 4, 2026 | \$325

Passion exists to glorify God by uniting 18-25-year-olds in worship, prayer and justice for spiritual awakening in this generation. From its start in 1995, the Passion movement has had a singular mission — calling students from campuses across the nation and around the world to live for what matters most, the name and renown of Jesus Christ.

Passion Conference takes place January 1-3 in Arlington, Texas. The total cost to attend is \$325, which includes your conference ticket and hotel room. Transportation to and from Texas is provided by Eleven22. Departure will be December 31 at 8pm from San Pablo. Return early January 4th. Spots are limited. Register [here](#)

1825 DG Summer Launch – WEEK 1

1825 Focus: Connect and cast vision. Disciple groups are the best way to surround yourself with other Christ followers as you lean into what it means to be a disciple-making disciple. It takes time and commitment to build community.

Sermon Text: John 15:1-17; Hebrews 5:11-14, 12:1-3; James 4:8

Connect If you spend the first few weeks in the connect portion more than curriculum questions that is ok!!! The goal is not to stay here, but remember:

1825 DISCIPLE GROUPS ARE VALUE-DRIVEN, NOT CURRICULUM DRIVEN

A successful disciple group experience is defined by group members engaging in a meaningful discussion, not completing the curriculum material. Establishing trust among members and an understanding of who is in the group is vital to taking group conversations deeper and growing in vulnerability.

Names Matter.

- **Introduce yourself. Get to know the group.** **This is likely something you will want to start with weekly until you feel confident everyone in the group knows everyone's names...Especially since you may have new folks joining throughout the semester!*
- **Have the group share their names, what they do when they aren't "here" (DG), and why they are "here" (DG).**

What is a Disciple Group?

(Use this to cast vision in your own words)

Disciple groups are a space to walk with others as we learn what it means to follow Jesus and live as disciple-making disciples. These groups help us build Christ-centered community and grow in our faith together.

1825 groups are led by people a few steps ahead in their journey—much like the relationship between Paul and Timothy. Our leaders are here to walk with you, not above you.

At the heart of 1825 is a clear mission: to connect 18–25-year-olds to their purpose in the Great Commission. We believe that surrendering to Jesus is the best decision you'll ever make—and following Him is a lifelong process.

You were created ON purpose and WITH a purpose—to glorify God and help others know Him. Instead of just asking, “What should I do with my life?” we’re challenging each other to ask, “Where can I make a difference for the glory of God?”

DG Covenant

(Use this to begin building culture and expectations. Healthy culture must be cultivated.)

We’re choosing to launch this group with a commitment to one another—a shared set of values that help us grow, support each other, and follow Jesus together.

Our Group Values

Prayer

- We believe transformation starts with God, so we commit to regular prayer and time in the Word.
- We will pray for each other consistently—by name and with purpose.

Availability

- We make showing up a priority. Simply put: nothing good happens if we don’t show up. Group will be a priority, not just an option, in our week.
- We’ll be there for each other—not just during group, but whenever someone is in need.

Spiritual Authority

- Everyone’s voice matters—but ultimately, we will look to Scripture as our final authority.
- We’re not just here to give advice. We’re here to point each other to Jesus.

Respect

- Trust is essential. We won’t gossip or share what’s said in group outside of group.
- We will celebrate diversity, honor differences, and build unity in Christ.
- Everyone has a voice. We’ll be mindful to make space for both quick and slow processors—"instant pots" and "crockpots."

Growth

- We’ll pursue honesty and vulnerability because intimacy requires authenticity.
- “We can only love you as much as we know you...Gross things grow in the dark.”
- We are all in process. You are welcome and loved here as a child of God.
- Identity comes before activity.
- We expect to grow—and multiply. Healthy things grow, and this group exists to create more disciple-makers.

DISCOVER & DEEPEN

(The goal is to grow in our relationship with Christ and each other. It is ok if you don’t cover every question.)

Read John 15:1-17

1. What is ONE thought that stuck with you from this week’s sermon? Why?

2. James 4:8 says “Draw near to God and He will draw near to you.” **What does “drawing near” look like in your current season? What keeps you from “drawing near?”**
3. **How does the vine metaphor impact your understanding of discovering and deepening in a relationship with Jesus?**
4. **Have you ever gone through a “pruning” season? What did it look like, and what fruit came out of it?**
5. Pastor Joby described spiritual disciplines in terms of “diet (scripture), exercise (serving/sharing), and rest (worship/prayer).” **Which of these do you most naturally lean into, and which do you tend to neglect? Why?**
6. Verse 5 says, “apart from me, you can do nothing.” **How do we practically live like we believe this is true—or how do we subtly act like we don’t need Him?**
7. **What does verse 3 say about grace and the role of God's Word in our identity?**
8. **What kind of fruit (Galatians 5:22–23) do you see God growing in your life? What kind of fruit would you like to see more of?**
9. **How can we reflect the sacrificial love referenced in verses 12-13 in daily, practical ways—not just in big, dramatic moments?**
10. **How does verse 16 connect to the Great Commission? What might “lasting fruit” look like in your life?**
11. **Hebrews 12 talks about laying aside sin and weight. What are examples of “weights” (not necessarily sins, though it may be) that shrink your heart for Jesus?**

ACTION STEP

In light of your answer to the last question, what is one step God is calling you to take this week?

Sanctification and spiritual growth are not linear, but they always involve a step of obedience. Some will have the same next step week after week as they grow in spiritual disciplines and learn to walk in obedience. Others will have a next step that can be completed within the week.

The more you can lead individuals in making their next step SMART (specific, measurable, achievable, relevant, timely) the easier it is to walk out accountability.

Example:

1825: “My next step is to read my bible more.”

Leader: “How many times this next week do you want to read your bible? When will you do it? How long? What will you read?”

1825: “I want to read when I wake up three mornings for 20 minutes.”

Have a group member record next steps and share in your Group Me.

Next week check in. How did it go? Whether you accomplished the goal or not: What did you learn about God? Yourself?

Prayer

How can we pray for you and your walk with Jesus? Close in Prayer.

While we are happy to pray for all things, we want to grow in authenticity by asking and sharing how we can pray for one another as we discover and deepen in our relationship with Christ and take next steps of obedience.

*****TIP:** *Provide index cards. Have each member write their prayer requests on a card with their name and place in the middle of the circle. At the end of group each person selects a card to pray over for the next week. Encourage members to reach out to the individual they are praying for during the week. Mixed groups: keep guys and girls cards separate. Guys pray and reach out to guys. Girls pray and reach out to girls.*
