

DISCIPLE GROUP CURRICULUM GUIDE

1 Timothy: How to Help One Another
February 20 & 23, 2025
Pastor Joby Martin

LEADER NOTES: **New Episode - Leading Well in 7 Minutes or Less** - S3 E1: Tools to help increase group attendance and improve group dynamics. Listen for free on [Spotify](#) or [Apple](#).

Coach and Leader Thank You at The Retreat Center, Saturday, 3/15 from 9am-3pm: This is a thank you. There is no requirement for you to attend. You are invited to just enjoy your retreat center and fellowship with your fellow leaders. The only ask is to gather for lunch at 12:30pm for fellowship, to share wins and to pray. **Registration has reached capacity, but you can join the wait list.** [Click here to sign up.](#)

Spring trimester: January 13 – May 12 **Summer trimester:** June 2 – July 28 **Fall trimester:** August 18 – December 8

ANNOUNCEMENTS:

For ALL Eleven22ers - Growth Track: a hybrid course with two on-demand online sessions (20-30 minutes each), followed by a final in-person gathering at your local campus. After finishing Sessions 1 and 2 online, you'll receive a link to register for the in-person Session 3. [Click here for more information and to start the course.](#)

Spring Care Team Orientation - Monday, March 10 (in-person) or Tuesday, March 11 (online), 7pm: Do you feel called to listen, love and pray for people going through difficult seasons of life? We offer Care training twice a year, with the purpose of equipping lay leaders to come alongside those who are hurting and help them find hope and healing in Jesus. Care training is offered in two distinct tracks for those who feel called to join the Care Team and for those who simply want to be further equipped to minister to others. [Click here for more information and to register.](#)

THIS WEEK'S READING PLAN: Download our app for [Apple](#) and [Android](#). Click the "Daily" icon at the bottom of the app for our daily Bible reading plan.

Share Wins, Praises and Prayers: Where did you see God move this week? ***What can you share from the action step last week?*** How did it go? What did you learn about God? About yourself?

Sermon Text: Acts 6:1-7; 1 Timothy 5:1-16

Action Step 1. Pray about joining the Care Team and attend the Spring Orientation on March 10. God can use your experiences, and even your trauma and pain, to help someone else find the peace that only Jesus Christ can provide.

2. Invite someone to church and/or your disciple group this week. Ask how you can pray for them.

Discussion Questions

Leaders: The goal is to grow in our relationship with Christ and each other. **It's ok if you don't cover every question.**

- **Read 1 Timothy 5:1-16. What stood out to you in the sermon this week and what did God reveal to you in the Scriptures, maybe for the first time?**
- **How does your communication differ when talking with male and female believers of various ages?** *(We are called to encourage, challenge, spur on and do so with all godliness and purity.)*
- **Share how you encourage your spouse, children, friends and church family.** *(Let's encourage and honor others. Avoid criticism and cynicism. You don't need to say everything you think or feel. You should encourage 10 times more than you offer correction.)*
- **When and how do you tend to treat the church like a hotel, looking to receive goods and services?** *(Some ways to treat the church like a hotel: criticize, expect goods and services, show up only when it's convenient, expect others to clean up your mess, have shallow relationships with God and others, don't pray for the people.)*
- **When and how do you treat the church as your home, offering worship, care and service?** *(Some ways to treat the church like a home: make attendance a priority, pray for your church family, offer care, help and service to others, invest in deep relationships with God and others.)*
- **The Church is the family of God. What next steps can you take to be a part of the family life?** *(Go to the "Get Involved" page of our website for all kinds of ways to deepen your relationship with Jesus and our church family.)*
- **Discover:** Read 1 Timothy 5:8. What are some ways you provide for your family? *(Think about the ways God provides for His family. What else beyond food and shelter?)*
Deepen: What practical steps can you take this week to improve the atmosphere in your home?
- **Do a search on widows in the bible and discuss how they were treated.**
- **Share how your disciple group has been – and is – the first line of care for each other?**

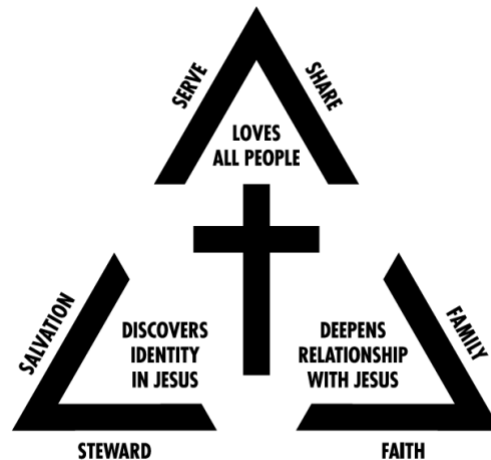
(If you have questions or comments about the curriculum, please email gregory.knapp@coe22.com.)

Your Discipleship Journey

- **RightNow Media:** Find an unending supply of resources by signing up for a FREE RightNow Media account. Go to coe22.com/rightnowmedia or text “RightNow” to 441122.

(Note: You'll need to login or create an account to view RightNow Media content.)

- Details on the 10:10 Life are available at coe22.com/1010life.



Go to coe22.com/resources/discipleship-journey/ and click “Download Tool” to download or print a discipleship journey tool with questions for you to ask yourself and others. Please share the link and directions with others in your group.