



## ELDERLY OR DISABLED ASSISTANCE

### The ARC Jacksonville

The ARC assists individuals with intellectual and developmental disabilities.

- Day programs
- Residential services
- Employment/placement
- College experience
- Summer life experience

(904) 355-0155

[arcjacksonville.org](http://arcjacksonville.org)

### Beach House

Exceptional assisted living and memory care that honors residents' individuality and independence with heartfelt compassion, integrity and genuine respect.

- Multiple levels of care
- Relaxed and restful, casual and comfortable, beach-style living
- **Supports the eight dimensions of wellness:** spiritual, emotional, intellectual, social, environmental, vocational, physical, medical

(904) 829-6479

[beachhouseseniorliving.com](http://beachhouseseniorliving.com)

### Hartfelt Ministries

Serves elderly and disabled adults who need non-medical care and companionship. Their goal is to assist clients so that they may continue living independently.

- Must be 60 or older
- Must have chronic disability
- Services depend on availability of trained volunteers
- Care receiver must be able to communicate and be ambulatory
- Non-medical services include: light meals, light housekeeping, laundry, errands, transportation, minor home repairs, conversation times, telephone check-ins, etc.
- Spiritual: prayer, devotions

(904) 861-2799

[hartfelt.org](http://hartfelt.org)

### Samuel C. Taylor Foundation

Provides individuals age 62 and older with affordable housing in a community that values independence, privacy and dignity. Encourages residents to realize their physical, social and spiritual potential through quality housing and services that include independent living, assisted living and skilled nursing.

- Games
- Activities
- Exercise classes

(904) 636-0313

[taylor-residences.org](http://taylor-residences.org)

### Seniors on a Mission

Exists to honor, love and encourage independent senior adults inspiring them to live invigorated lives filled with purpose and grace.

- Go on day-long mission trips
- Transportation provided
- Engages heart and mind while helping local charities

(904) 509-4784

[seniorsonamission.org](http://seniorsonamission.org)

### Council on Aging (COA)\*

Offers programs such as memory services, Meals-on-Wheels, caregiver support, independent living, care connections, adult daycare and transportation.

(904) 209-3700

[coasjc.org](http://coasjc.org)

### Pie in the Sky\*

Pie in the Sky believes that peace begins when the hungry are fed. They deliver fresh produce and other helpful food items to seniors living below the poverty line twice monthly. Call the number below to get the intake form or volunteer.

(904) 217-4863

[pieintheskystjohns.org](http://pieintheskystjohns.org)

\* Located in St. Johns County.

